

GET PAID when you
buy a home/condo
(you get 50% of our commission!)

ziglu real estate
BROKERAGE

(613) 232-9229
www.ziglu.com

Ziglu...a different kind of
real estate company.

MLS REALTOR OF REAL ESTATE

**UPGRADE YOUR
SALAD**
LOW-FAT SKINLESS
CHICKEN THIGHS {page 28}



REKINDLED?
TIMBERLAKE, BIEL
SPOTTED ENJOYING BIKE
RIDE TOGETHER {page 20}



OTTAWA
metro 

Thursday, September 1, 2011
www.metronews.ca

 News worth sharing.

A family grieves

- Leblanc was as beautiful on the inside as she was on the outside: Friend
- Mourners stand in the aisles of the packed St-Joseph Cathedral in Gatineau

Hundreds of people filled a church in Gatineau to mourn the death of Valerie Leblanc, an 18-year-old CEGEP student who was found beaten to death and burned in a forested area behind her school last Tuesday.

The violence and callousness of her death couldn't be more different from the caring, warm and vibrant young woman her family and friends remembered yesterday as they laid her to rest.

"She was a lady for peace and love. It's quite rare that we can see a lady of 18 with five priests and her funeral and a church full of people of all generations," said family friend Marcel Prevost.

Following the service, Leblanc's family released butterflies as they gathered tearfully in a circle outside the church and hugged. Dan Bergeron, a friend from school, said in French after the service that Leblanc was a thoughtful, good-humoured person who was ambitious. "She wanted to do well at school and had all kinds of great plans for the future," said Bergeron. "I hope the city police are able to find the (killer) and at least try to bring justice." ● SEAN MCKIBBON



► Sabrina Hudon, 22, a step-sister of Valerie Leblanc, has her tears wiped away by four-year-old son Andrew outside St-Joseph Cathedral before her funeral in Gatineau yesterday.

MIKE CARROCCETTO/FOR METRO

Local

Voting on LGBT label

- Residents will decide if downtown Bank Street designated The Village
- Signs could go up as early as November {page 4}

Bono buzz

U2 front man coming to Ottawa, charity says {page 3}



Another orange wave?

New poll has NDP tied with Tories following Layton's death {page 8}

PAIN AND STRESS FREE SATURDAY



Saturday, September 3rd • 11AM- 4PM
PAIN AND STRESS FREE SATURDAY

Come and have relief from:

ANXIETY & DEPRESSION
ASTHMA & ALLERGIES
BACK PAIN
FIBROMYALGIA
KNEE/HIP PAIN

MIGRAINE/HEADACHE
SCIATICA
PMS & MENOPAUSE SYMPTOMS
SIDE EFFECTS OF CHEMO
AND RADIOTHERAPY

Call for an appointment now: 613-853-9099

www.ottawaacupuncturestudio.com



www.mattamyhomes.com

Next Tuesday, Your Home Will Become Unusually Quiet.



In neighbourhoods all across the country, this weekend is the last hurrah before school opens.

The kid's rooms are filled with new clothes, supplies, a new backpack and children either happy or grumpy depending on how they feel about school.

This is the unofficial end of summer. The last free days of sun and fun.

Maybe this weekend will include a long weekend at the cottage or just time at home.

Next week the days at home will become quieter, as will the streets, parks and playgrounds in the neighbourhood.

In our homes, the kitchen islands will once again be used as a homework island. There will be a study room set up with a computer but 'NO TELEVISION'.

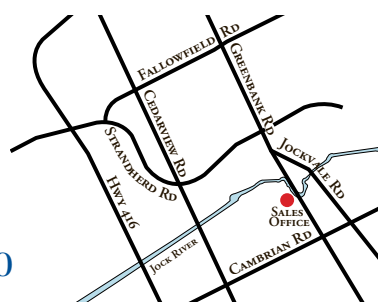
The first day of school is an easy day of renewing friendships, catching up on gossip and in a Mattamy neighbourhood, chances are the kids are walking to school because it's just down the street.

So to all the kids we say, have a great beginning to another year of learning and to the parents we say; sit down, have a coffee and enjoy the solitude. You've earned it.

BARRHAVEN



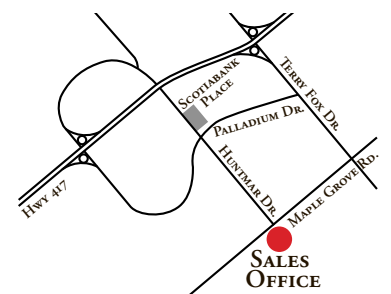
Townhomes From \$214,990
Detached Homes From \$299,990



KANATA



Townhomes From \$221,990
Detached Homes From \$299,990



Fairwinds Sales Centre
1776 Maple Grove Road, Kanata
613.831.9369

Half Moon Bay Sales Centre
3454 Greenbank Road, Barrhaven
613.825.7932

Sales Centre Hours
Monday to Thursday 1pm-8pm; Friday 1pm-6pm;
Saturday, Sunday and Holidays 11am-6pm

All illustrations are artist's concept. All dimensions are approximate. Prices, specifications, terms and conditions subject to change without notice. E.&O.E.

Bono to visit Ottawa for charity work

U2 front man Bono and actor Colin Farrell are coming to Ottawa on Sept. 10 to attend the World Suicide Prevention Day concert, LivingWorks Education Inc. announced yesterday.

The Calgary-based organization is presenting the concert, which will be held at Centrepointheatre. The concert will fea-

ture presentations as well as live performances by Irish rock band Friends of Emmet and three-time Juno Award-winner Susan Aglukark.

"We are absolutely thrilled — what a day to hear this," said Lynne Sterritt, LivingWorks vice-president of marketing and communications.

Sterritt said Bono's at-

tendance is confirmed, but she is unsure if he will step in front of the microphone at the event.

"If he wants to impromptu get up with the band, we won't stop him," she said. "We would like him to (speak)."

She said Denise Batters and Alex Baumann will also attend.

Besides the good music,

the event will focus on creating a dialogue on suicide in order to remove the stigma around it.

Funds raised from the concert will benefit the Ottawa Suicide Prevention Coalition and other charities. Tickets are \$35.

More information about the concert is available at centrepointetheatre.com.

JOE LOFARO



► U2 front man Bono.

Jack Tobin gets three years

► Brian Tobin calls Jack a good son who made a 'serious mistake'

A judge has sentenced Jack Tobin to three years in prison and a seven-year driving ban for his role in the death of a close friend last Christmas Eve.

The son of former Newfoundland and Labrador premier Brian Tobin pleaded guilty in May to impaired driving causing death.

Tobin's lawyer had suggested a sentence of 18 to 30 months, while the prosecution asked for five years.

Prosecutor Mark Moors said there was evidence of previous reckless acts behind the wheel and alcohol consumption by Tobin.

Alex Zolpis was pinned under a pickup truck during drunken hijinks on a rooftop parking lot in the ByWard Market.

Judge Lise Maisonneuve said she took into account Tobin's extreme remorse

and his decision to plead guilty and forgo a trial in reaching her decision.

But she also considered Tobin's previous behaviour.

Emma Roberts, Zolpis's girlfriend, said she will never be satisfied.

"We're left to pick up the pieces," she said.

After the sentencing, Norm Boxall, Tobin's lawyer, called it a sad day.

"This is a really exceptional young man that wanted to do the right thing for everyone in the circumstances, and pled guilty, and the judge's comments about his promise, I think, are there," Boxall said.

"That having been said, it's a very sad day for all concerned. It's a sad day to see a young man go to jail and it's a sad day to reflect on the loss for Alex's family."

THE CANADIAN PRESS



► Jack Tobin arrives at the Ottawa courthouse yesterday.



'My responsibility':
Lone holdout in empty village
lives in the shadow of
Japan's stricken reactor.
Scan code for story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca

You can now send a text message to OC Transpo to find out when your bus will arrive. Read about the new service at metronews.ca.



OSSC
OTTAWA SPORT & SOCIAL CLUB
RECESS FOR ADULTS ... JUST PLAY.

FALL 2011

CO-ED ADULT SPORT LEAGUES

Individual & Team Registration Deadline: September 6th

Lots of fun indoor and outdoor sports available including volleyball, soccer, softball, floor hockey and many more!

OSSC.ca | info@osscc.ca | 613.565.TEAM

GAY COMMUNITY

Capital's closeted past

When the residents of 12 blocks in the heart of Centretown are asked if their neighbourhood should be known as Ottawa's official LGBT village, they might consider the area's history — starting with arrest records.

The first signs of a gay community in Ottawa came from arrests and trials, according to Daniel Drolet, historian, writer and leader of Ottawa's LGBT walking tours.

"What I've seen from about 100, 110 years ago involve 'activities' in Centretown, arrests in Centretown," said Drolet.

In 1914, a man was at a train station and charged with gross indecency over something that happened on a train, he said. In 1916, there was a trial



JESSICA SMITH/METRO

over something two men did at Elgin and Nepean streets.

From the 1940s to the late '70s, the basement bar of the Lord Elgin was a hotspot until it was shut down, he said. So was the train station, until it

"Because this is, at its core, a government town, and because until recently the government actively persecuted, most of the gay people here have tended to be under the radar in their personal lives."

DANIEL DROLET, HISTORIAN

closed around 1960. The Coral Reef bar in a Rideau Street parking lot was also a safe spot until it closed.

"Then, there was a desire, about 20-odd years ago, for the creation of a gay village and the area around the Bank Street

area developed," said Drolet.

Still, gays in the civil service were losing their jobs by the thousands and the RCMP were keeping files on citizens who were suspected of being gay, he said.

"All of those things influenced people in Ottawa to be very discrete and live their gay lives unofficially at house parties or out of town. That's the main reason we don't have as vibrant a community as a city of one million should have," Drolet said.

"It started to change about 20 years ago, but it's a very slow change, because a lot of the mentality is still there — and Montreal is so close."

● JESSICA SMITH

LGBT designation in the balance

► The Village signs may go up as early as November: Holmes

Somerset Coun. Diane Holmes is spending just \$60 of taxpayer money in hopes of settling an age-old question: Is downtown Bank Street ready to be designated a LGBT village?

Holmes' staff will be hand-delivering a survey — which cost \$60 to copy — to residents who live between Nepean and James streets in the blocks on either side of Bank Street. Responses can be sent back by email, phone or mail.

"These are the people, it's really their neighbourhood. They drink coffee and shop and use the services on Bank Street," she said.

Of the many surveys — which yielded conflicting results — conducted in the area by Holmes, The Village committee and the BIA, none have specifically polled residents, said the councillor.

"A year ago it was a municipal election and Diane Holmes told us all she was very in favour of these signs, so now it's time for her to put up — to put up or shut up."

MARCUS MCCANN, JOURNALIST

The Village committee, which has been working with Holmes on designating downtown Bank Street an LGBT village since 2006, is happy to help move the project forward, said chair Glenn Crawford.

"I understand that she wants to see all the stakeholders in the area have been consulted before moving forward," said Crawford.

But for former Village committee member and

journalist Marcus McCann, the survey is "a stall tactic."

"To claim that we don't have enough information to proceed is untrue," said McCann. "We have enough information to proceed. We're lacking political will."

Holmes said she has supported the idea for "many years," but was waiting for the Downtown Bank BIA to change its position and support The Village designation.

She promised to back the area during her election campaign and held a Village sign up during the Pride Parade, said McCann, adding:

"She's been supportive when you talk to her, but it hasn't resulted in any tangible action. So at a certain point you have to say, 'Enough with the talk, let's get some signs up.'"

● JESSICA SMITH

► Coun. Dianne Deans holds up a Village sign on an AIDS Committee of Ottawa float in the Capital Pride Parade. At right, Mayor Jim Watson hams it up with a water pistol.



JOE LOFARO/METRO

ONLINE / IN CLASS FRENCH AND SPANISH LANGUAGE TRAINING FOR ONTARIO RESIDENTS ONLY

Levels: 1 to 8 (FRENCH)

Levels: 1 and 2 (SPANISH)

Date: Monday September 12, 2011 to November 21, 2011

Time: 6 pm to 9 pm

Ongoing registration: 181 Donald Street, Ottawa

Duration: 10 weeks (30 hours in class plus 30 hours online)

Cost: \$30.00

For more information please call: 613-741-2304 ext.3

www.educationpermanente.ca



OTTAWA

Carlingwood Shopping Centre

St. Laurent Shopping Centre

Billings Bridge

Maple Leaf Plaza

NEW Rideau Centre

ORLEANS

Place d'Orléans

NEPEAN

Bayshore Mall

GATINEAU

Galleries de Hull

Promenade Shopping Centre

Unlimited TALK · TEXT · DATA plus voicemail



~~\$45~~
\$29/mo
For up to 1 year

Limited Time

Super Smart Plan includes Unlimited local talk, global text and data from any WIND Zone, plus voicemail. Conditions apply. Learn more at WINDmobile.ca

With **WINDtab+**™ get our NEW **WIND Pay-Off Promise**™.

No term contract and our NEW **WIND Pay-Off Promise**™: Our commitment to clear any remaining WINDtab+™ balance on your device after 3 years with us. Only at WIND.

WINDmobile.ca



Conditions apply to WINDtab+™, Super Smart Plan and WIND Pay-Off Promise™. Learn more at WINDmobile.ca. WINDtab+™ is only available at participating locations. Data services subject to WIND's Fair Usage Policy and Internet Traffic Management Policy. All services subject to WIND's Terms of Service and are for personal use by an individual. WIND, WIND MOBILE, WINDtab+™ and WIND Pay-Off Promise™ are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2011 WIND Mobile. BlackBerry®, Bold™, Curve™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are properties of their respective owners.



► Dr. John Bell

Cancer trials promising

- World-first virus made in newly opened Ottawa Regional Cancer Centre
- Study also revealed viral therapy can shrink tumours with high dosage



JOE LOFARO
@METRONEWS.CA

The Ottawa Hospital Research Institute's senior scientist, Dr. John Bell, says he is excited to have his groundbreaking research on cancer therapy published in the journal Nature tomorrow.

"This is the first time in medical history that a viral

therapy has been shown to consistently and selectively replicate in cancer tissue after intravenous infusion in humans," said Bell in a press release.

From the beginning to end of 2010, 23 cancer patients were given the JX-594 virus intravenously and biopsies were taken eight to 10 days later. Seven of the eight patients who received the highest dose of

the virus showed viral replication in cancer tissue but not normal tissue.

Seven patients were treated at the new Ottawa Regional Cancer Centre by a team lead by Bell, who is also a professor of medicine at the University of Ottawa. Bell said the therapy is unique because the virus can safely be delivered in patients who have widespread cancer throughout

the body.

"If you give it in the blood system, the virus can then have access to all the parts of the patient's body and find where the cancers are," said Bell in an interview Thursday.

In the next few weeks, Bell said his team will move forward by working with other international scientists to further test the outcomes of the therapy.

worry-free small talk

\$**25** per month
unlimited talk
in a **chatr** zone

SO...
i'm like...

no way.



get on the **no worries™** network

BONUS CREDIT

\$60

when you sign-up for auto-pay*

Available at:

► FUTURE SHOP

booth
wireless

«WIRELESSWAVE»

BEST
BUY

COSTCO
WHOLESALE

Zellers

chatr stores

LOCATED AT:

Bayshore Shopping Centre

Place d'Orleans

chatrwireless.com Offers available for a limited time and subject to change without notice. *Bonus in 6 monthly installments of \$10 will be credited to the chatr account. ©2011

chatr wireless
no worries • talk happy

HP ePRINT

NOW, PRINT FROM VIRTUALLY ANYWHERE*



HP PHOTOSMART e-ALL-IN-ONE
Now \$59⁹⁹ after a \$60 Instant Rebate.[†]

*Now, HP's new web connected
printers with HP ePrint have a unique
email address giving you the freedom
to print from wherever life happens.
No need to hook up to your PC.
Welcome to the HP ePrint experience.*

*Learn more at **hp.ca/experienceeprint**
or visit Best Buy, Costco, Future Shop,
London Drugs, Staples, The Source,
Walmart or hpshopping.ca*



HIT PRINT
BRILLIANTLY

Fakes. Foiled

RCMP-GR
ROYAL CANADIAN MOUNTED P

► They bear the proud logo of the NHL's newest team. Trouble is, they're fake.

RCMP/THE CANADIAN PRESS

These jerseys won't get ice time

Bogus NHL Winnipeg Jets jerseys have been stopped at the Canadian border. Mounties and Canada Border Service Agency officers seized a shipment of counterfeit jerseys bearing the newest NHL team's logo and shoulder flashes. Police estimate the retail value would have been about \$12,000. No charges have been laid so far.

Even in death, Jack boosts NDP

► New poll ties party with Tories ► Liberals trail far behind ► Pollster asks: Can NDP consolidate gains?

Jack Layton's untimely death has triggered another orange wave across the country, a new poll suggests.

The Canadian Press Harris-Decima survey pegs support for Layton's NDP at 33 per cent — tied with the ruling Conservatives and well ahead of the Liberals at 21 per cent.

That's almost a three-point gain for the New Democrats since the May 2 election, which vaulted the party into official Opposition status.

The Tories are down almost seven points and the Liberals are up two.

Harris-Decima chairman Allan Gregg said the



► NDP interim leader Nycole Turmel greets mourners at Saturday's state funeral.

NDP gain is most likely attributable to "the Jack effect."

"The national outpouring of emotion we witnessed over Jack Layton's untimely death appears to

have translated directly into increased support for the party," Gregg said.

Layton died Aug. 22 after a battle with an undisclosed form of cancer.

THE CANADIAN PRESS

Le perfectionnement professionnel, ça change tout!

Préparez dès maintenant votre formation des 12 prochains mois en consultant le nouveau guide annuel du Centre de formation continue de La Cité collégiale!

Choisissez parmi de nombreux cours et programmes à temps partiel:

le soir

les
fins de
semaine

en ligne

Profitez de perfectionnement professionnel lié au marché du travail et de divers cours d'intérêt général dans de nombreux domaines.

Consultez notre Guide de la formation continue: www.lacitecollegiale.com

ou appelez-nous au 613 742-2483 ou sans frais au 1 800 267-2483.



la cité collégiale

Le Collège des meilleures pratiques

ARE YOU SUFFERING FROM THE FOLLOWING SYMPTOMS?

RUNNY NOSE? ITCHY EYES? SNEEZING?

IF YOU ARE AGED BETWEEN 18 AND 65 YEARS AND YOU SUFFER FROM SEASONAL GRASS POLLEN ALLERGIES

YOU MIGHT BE ELIGIBLE TO PARTICIPATE IN A RESEARCH STUDY FOR AN INVESTIGATIONAL DRUG THAT MIGHT HELP YOU FIGHT YOUR ALLERGIES.

PLEASE COMMUNICATE WITH US FOR MORE INFORMATION:

Allergy and Asthma Research Center
613-725-2102 Ext. 246

grasspollen study

V2c EN 09jun2011

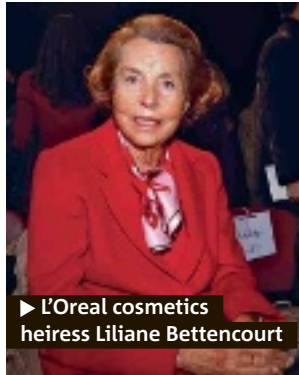
Sarkozy denies dirty cash claim

► Book says French president accepted illegal cash for 2007 campaign ► Sarkozy claims critics are lying

French President Nicolas Sarkozy's office vigorously denied claims in a new book that he personally took undeclared campaign cash from the heiress to the L'Oreal cosmetics fortune five years ago — claims that come just as the race for next year's presidential elections is heating up.

Sarkozy's allies suggested the accusations are a campaign ploy against the unpopular president. Similar accusations first surfaced last year.

Still, questions about how Sarkozy financed his 2007 campaign could stain his likely bid for re-election in April and May.



► L'Oreal cosmetics heiress Liliane Bettencourt

Critics have long deemed the conservative leader too cosy with the rich, criticism that carries particular sting now that the French economy is stalling and many of his supporters are disillusioned with his leadership.

ership.

The leader of France's main opposition party, Socialist Martine Aubry, called for a new investigation into whether Sarkozy received illegal campaign cash from Liliane Bettencourt, Europe's richest woman.

An accountant for Bettencourt said a year ago that she gave C\$50,000 (\$72,000 US) in cash in 2007 to Sarkozy's party treasurer for the presidential campaign — well beyond the C\$4,600 legal limit on individual donations. The accusations came during a series of investigations into the heiress's finances. **THE ASSOCIATED PRESS**



► John Hutt demonstrates how he cut off his toes at his home in Montrose, Colo.

WILLIAM WOODY/THE ASSOCIATED PRESS

MAN CUTS OFF TOES TO ESCAPE FROM FOREST

A 61-year-old retired logger feared he might die alone in a remote forest after his right foot was pinned under his six-tonne trailer. With few choices, he used a 7.6-centimetre pocket knife to cut off all five toes to get free.

"It hurt so bad," Jon Hutt said. "I would cut for a while and then I had to rest."

Hutt then climbed in-

to his semi tractor-trailer, his foot wrapped in a shirt, and began driving for help. Hutt's ordeal was first reported in the Grand Junction Daily Sentinel.

Hutt said authorities retrieved his severed toes and took them to the hospital, but doctors said the toes couldn't be re-attached because they were too badly mangled.

THE ASSOCIATED PRESS

Sask. OK's whistle-blower law

Civil servants in Saskatchewan who are concerned about wrongdoing in their workplace will no longer be able to go to the media or opposition politicians under a new law.

Known as the whistleblower protection law, the Public Interest Disclosure Act takes effect today and outlines how and where workers should report wrongdoing.

Public Service Commission Minister June Draude says it gives employees a place to go internally.

Draude says there aren't many reports of wrongdoing in the provincial government.

She adds there are consequences if an employee doesn't use this channel.

There is already similar legislation in Ontario, Manitoba and Nova Scotia.

THE ASSOCIATED PRESS

Cha-Ching.

Earn more cash back than ever before.

With the Scotia Momentum® family of VISA® cards, you can earn cash back on all your everyday spending†, and even higher rates of cash back on eligible gas, groceries, drug store purchases and recurring bill payments.

To apply, go online, call 1 800 551-8907 or visit a branch today.



scotiabank.com/momentum

You're richer than you think.®

Scotiabank®



* Registered trademarks of The Bank of Nova Scotia. * VISA Int./Lic. user The Bank of Nova Scotia. † Eligible spend and cash back amounts for each card are defined below.
† 1% cash back on purchases made at merchants classified by VISA Inc as Grocery Stores & Supermarkets, Service Stations & Automated Fuel Dispensers, Drug Stores & Pharmacies, and recurring payments (Merchant codes: 5411, 5541, 5542, 5912). Plus, 0.5% on all other purchases. ‡ 2% cash back on the first \$25,000 of purchases made annually at merchants classified by VISA Inc as Grocery Stores & Supermarkets, Service Stations & Automated Fuel Dispensers, Drug Stores & Pharmacies, and Recurring Payments (Merchant codes: 5411, 5541, 5542, 5912). Plus, 1% on all other purchases. § 4% cash back on the first \$25,000 of purchases made annually at merchants classified by VISA Inc as Grocery Stores & Supermarkets and Service Stations & Automated Fuel Dispensers (Merchant codes 5411, 5541, 5542); 2% at Drug Stores & Pharmacies (Merchant codes 5912) and Recurring Payments. Plus, 1% on all other purchases. Sometimes there are separate merchants located on the premises of these merchants that are classified by VISA in another manner, in which case, these added benefits will not apply. Recurring payments are defined as payments made on a monthly or regular basis automatically billed by a merchant. You do not earn cash back on purchase returns, credit vouchers, payments, cash advances, Scotia® VISA Cheques, card fees or interest charges.

Strong words, warning from Iranian leader

► Message directed at the West and allies making gains during Arab Spring ► Citizens warned not to let the U.S. dominate their country

Iran's top leader warned the Arab world yesterday not to allow Western powers and Israel to "confiscate" the region's pro-reform uprisings, in comments that appear to reflect the Islamic republic's unease about their standing in a profoundly altered Middle East.

Iran has tried to walk two paths since the pro-democracy rebellions began in February — lauding the popular revolts as modern-day heirs to Iran's 1979 Islamic revolution, while maintaining relentless pressure on opposition groups at home.

But Iran is at risk of seri-



CONTRIBUTED/GETTY IMAGES

ous political setbacks. Iran's main Mideast ally, Syria's Bashar Assad, is under growing international pressure for his fierce crackdown on anti-government protests.

Iran's Supreme Leader Ayatollah Ali Khamenei, in a speech broadcast on Iran's state TV to mark the end of the Muslim holy

"Who thought American and Zionist agents in the region would fall one after the other? This is the powerful hand of the Islamic nations."

AYATOLLAH ALI KHAMENEI

month of Ramadan, reflected the added worries that the West and its allies could gain ground in the Arab Spring.

"Muslim nations in Egypt, Libya, Tunisia, Yemen or other countries

need vigilance today. They should not allow enemies to confiscate the victories they've achieved," Khamenei said. "They should not forget that those who have come to the scene in Libya (U.S. and NATO) today and consider themselves owners of the uprising are the same people who used to sit and drink with those who once suppressed the Libyan nation."

In Iran's view, collapse of pro-U.S. governments in Egypt and Tunisia were strong blows to U.S. influence in the region and a new "Islamic awakening."

THE ASSOCIATED PRESS



\$25 /mo
Back to School Plan
GUARANTEED RATE FOR LIFE.

- Unlimited Data
- Unlimited Talk
- Unlimited Text
- Caller I.D.

mobility.ca

1-877-8MOBIL8

mobility
Now that's smart.

Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. 'Guaranteed Rate for life' means your \$25 plan shall remain \$25 for as long as your account remains active with Mobility. All features included in each plan must originate within a Mobility Unlimited Zone. Premium and special numbers are excluded. 'Unlimited Text' refers to text messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. © 2011 Mobility. 'Mobility', 'Now That's Smart', the Mobility designs and the Mobility logo are trademarks of Mobility. Other trademarks shown may be held by their respective owners. All rights reserved.

Visit us at:

Mobility Stores

2525 Carling Ave (Lincoln Fields Mall)
1595 Merivale Rd, Unit 6 (Meadowlands Mall)
168 Rideau St
(Corner of Rideau and Dalhousie)
100 Bayshore Dr
(Bayshore Shopping Centre)

173 Montreal Rd
(Montreal Rd and Vanier Parkway)
888 Meadowlands Dr East, Unit 8
(Meadowlands and Prince of Wales Drive)
300 Eagleson Rd (Hazeldean Mall)
2446 Bank Street, Unit 103
(Towngate Shopping Centre)

Authorized Dealers

L-Tronix Ltd: 1652 Bank St
FTA Tronix: 1807 Carling Ave
ANT Electronics: 625 Centre St
Computer Idol: 203 Colonnade Rd
L-Tronix Ltd: 500 Eagleson Rd
Rocknet Telecom: 1020 St. Laurent Blvd, Unit 12

Bullo Wireless: 1414 Walkley Rd
IGO Cyber House Inc: 223 Bank St
Joe Mobile Tech: 780 Baseline Rd, Unit 22
RB Computing: 235 Stafford Rd West #101

CONTRIBUTED/GETTY IMAGES

► Iran's Supreme Leader Ayatollah Ali Khamenei listens to a speech by President Mahmoud Ahmadinejad during a ceremony marking the Muslim Eid al-Fitr feast in Tehran yesterday.

Sarkozy critical of U.S.

French President Nicolas Sarkozy has criticized the U.S. for elbowing Europe and others out of the way in the Middle East peace process.

Sarkozy told a gathering yesterday of France's ambassadors that while Washington is irreplaceable, "Europe doesn't have to ask for a folding chair to participate in negotiations that concern it."

He also questioned the role of the quartet — the U.S., the UN, the European Union and Russia — which have served as the traditional mediators between Israel and the Palestinians. He said that instead, more countries should be included.

Talks between the two sides have been stalled for months.

THE ASSOCIATED PRESS

FRIDAY, SEPTEMBER 2 TO MONDAY, SEPTEMBER 5, 2011, WHERE OPEN

4 DAYS ONLY! 30% OFF

*ALL WOMEN'S REG. PRICED SHOES & BOOTS



FRIDAY ONLY!
35% OFF

*ALL REG. PRICED
Jessica^{®/MD} & Jessica Weekend^{™/MC}
FASHIONS

*These savings offers exclude items with prices ending in .97, athletic & walking shoes, Guess, Franco Sarto[®], Clarks Everyday, Artisan Collection[®], Indigo, Mephisto[®] & Jessica Simpson[™] shoes and '2 for' offers

NE091G311 © 2011. Sears Canada Inc.

Sears

Language Institute

ALGONQUIN
COLLEGE

LEARN ENGLISH OR FRENCH AS A SECOND LANGUAGE

The **Algonquin College Language Institute** introduces you to a wide range of English and French language part-time courses. Through **free** placement testing, the Language Institute will place you in the class that will provide you with the opportunity to excel.

ESL AND FSL TESTING DATES:
September 7, 8, 13, 14 and 15, 2011

6:00 p.m. (no appointment necessary)
Room B442
1385 Woodroffe Avenue, Ottawa

FSL and ESL courses will be offered at Woodroffe campus and 255 Albert Street.
New IELTS course downtown.

For further information, please contact the Algonquin College Language Institute at 613-727-4723 ext. 5700.



algonquincollege.com/languages

Council drops ban on Money for Nothing

► Dire Straits song now 'may be acceptable': Broadcast standards body ► Radio stations free to play 1985 hit again

A Canadian broadcast watchdog says its decision to deem a 1985 Dire Straits smash unfit for radio just ain't workin'.

The Canadian Broadcast Standards Council has tempered a ruling on Money for Nothing, which includes the word "faggot," saying that while the homophobic slur in the song is inappropriate, it must be taken in context and

that individual radio stations can decide what listeners want to hear.

"(The council) is only saying that there may be circumstances in which even words designating unacceptably negative portrayal may be acceptable because of their contextual usage" states the decision, released yesterday.

So, what changed since the council made its origi-

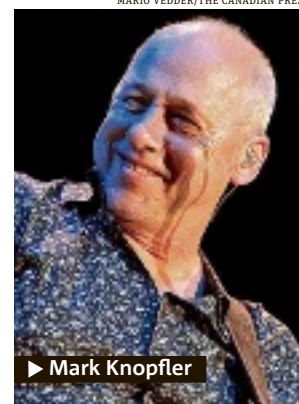
nal decision?

The song's writer, Mark Knopfler, has long maintained that he was writing from the perspective of a "bonehead" whom he observed in a hardware store watching MTV, reacting with disgust to the fledgling network's flamboyant rock stars.

The council simply hadn't taken such context into account when making its

original decision, said the organization's national chair Ron Cohen. But with that information in hand, the majority of the council's panel felt the word was intended satirically and not in a hateful manner.

"(The context) wasn't as evident without the explanations that have been provided," Cohen said in a telephone interview.



► Mark Knopfler

So, the council is recommending that individual stations consider the sensitivities of their listeners in deciding whether to play the original song or an edited version.

"They're free to make that choice," said Cohen, who noted that the council received feedback from people who supported their original decision, as well as people who didn't.

THE CANADIAN PRESS

Sony 3-D



► A model wears a 60,000 yen (\$800) HMZ personal 3-D viewer at Sony headquarters in Tokyo yesterday.

ITSUO INOUE/ASSOCIATED PRESS

Heads-up on display

Sony Corp. says it will start selling a head-mounted display that provides a 3-D theatre of music videos, movies and games, targeting people who prefer solitary entertainment rather than sitting in front of a TV with family or friends.

• SUPPORT FOR SENIORS • FINANCIAL ISSUES • COPING WITH DISABILITIES • STRESS AND BEREAVEMENT •

• SETTLEMENT SERVICES • EMOTIONAL HEALTH •

UNTANGLE LIFE'S CHALLENGES

DIAL 211

Connecting you to a full range of non-emergency community, social, government and health services

FREE • CONFIDENTIAL • MULTILINGUAL • OVER 150 LANGUAGES

www.211ontario.ca

Blockbuster closing doors on remaining stores

Blockbuster Canada's remaining stores are set to close soon and hundreds of retail jobs at the national movie rental chain are about to disappear, victims of the digital movie revolution.

The receiver in charge of selling Blockbuster Canada wants a court order to shut down the movie rental company's 253 remaining retail locations, saying yesterday it had been unable to find a buyer willing to invest in the business.

Each Blockbuster store employs an average of 10 people, meaning about 2,500 people could be out of work. An estimated

1,400 people lost their jobs during the first round of store closures earlier this summer.

About 150 Blockbuster Canada stores were closed in June.

THE CANADIAN PRESS

Market moment

TSX



+ 133.99
(12,768.70)

Dollar



- 0.13¢
(102.10¢ US)

Oil



- \$0.09
(\$88.81 US)

Natural gas
1,000 cu ft
\$3.82 US
(- 0.7¢)

Gold
\$1,831.70 US
(+ \$1.90)

PRICES AS OF 3 P.M. YESTERDAY

Hollywood facing downward trend at home

The good news for Hollywood: Summer movie revenues are up worldwide as studios rebounded from a dismally slow start to the year.

The bad news: Domestically, revenues rose only a fraction compared to the previous year's, while actual movie attendance dropped for the fourth-straight year.

Taken together, the summers of 2010 and 2011 combined for the smallest domestic audiences since the summers of 1997-98.

Since peaking at a mod-



► Transformers: Dark of the Moon was a mega-hit this summer.

ern high of 653-million tickets sold in summer 2002, domestic attendance has wavered generally downward, dipping to 551 million in summer 2010 and sliding again this summer to 543 million, according to projections from box-office tracker Hollywood.com.

One so-so summer can be an aberration, when the movies simply failed to grab fans. Two so-so summers in a row are a sign of the tough task studios face to keep butts in theatre seats at a time when audi-

ences have more entertainment options than ever.

"One down summer you could lay at the doorstep of a lack of quality films, audience indifference, whatever. But more than one or two years becomes a trend," said Hollywood.com analyst Paul Dergarabedian.

"Emerging technology combined with an audience that is trying to figure out how they want to consume their entertainment is creating this situation."

THE ASSOCIATED PRESS



Available at the following Bell stores:

- ARNPRIOR
6-75 Elgin St. W.
- BROCKVILLE
1000 Islands Mall
R.R. 3 Highway 2 W.
- CORNWALL
Cornwall Square
- KANATA
510 Earl Grey Dr.
- NEPEAN
50 Market Place Ave.
1541 Merivale Rd.
Bayshore Shopping Centre
- ORLEANS
Place d'Orleans
SmartCentres Orleans
- OTTAWA
247 Bank St.
Billings Bridge Plaza
Carlingwood Shopping Centre
Rideau Centre
St-Laurent Shopping Centre
St-Laurent Shopping Centre (kiosk)
- PEMBROKE
1018 Pembroke St. E.
- PETAWAWA
3471-B Petawawa Blvd.
- RENFREW
178 Plaunt St.
- SMITHS FALLS
16 Beckwith St. S.
- STITTSTVILLE
1250 Main St.

Superphone savings for back to school.



Samsung Galaxy S II™ 4G

3-yr. term	No term
\$169⁹⁵	\$599⁹⁵
SAVE \$430	

with a \$50 voice and data plan



HTC Sensation™ 4G

3-yr. term	No term
\$99⁹⁵	\$549⁹⁵
SAVE \$450	

with a \$50 voice and data plan



MOTOROLA XT860 4G

3-yr. term	No term
\$99⁹⁵	\$549⁹⁵
SAVE \$450	

with a \$50 voice and data plan



MOTOROLA Atrix™ 4G

3-yr. term	No term
\$49⁹⁵	\$599⁹⁵
SAVE \$550	

with a \$50 voice and data plan

BONUS: Switch to Bell today and get a \$75 in-store credit² on all superphones. New activations only.

Visit a Bell store • 1 888 4-MOBILE (662453)



Bell saving just got better

Also available at these retailers:



Offer ends September 8, 2011. Available with compatible devices within network coverage areas available from Bell Mobility. Not all superphones are available in all retailer locations. Paper bill charge (\$2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (New Brunswick: \$0.53, Nova Scotia: \$0.43, P.E.I.: \$0.50, Quebec: \$0.40) apply. A one-time device activation fee (\$35) applies. Upon early termination, price adjustments apply; see your Service Agreement for details. 30 days advance notice of termination required where not prohibited by law. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a 3-yr. term on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of \$50/mo. (2) Credit applies at the time of purchase on the price of the device and/or accessories in-store before taxes. (3) With compatible devices. Based on comparison of national networks: (a) fastest network in more places, according to tests of average upload and download speeds in large urban centres across Canada (b) largest network, based on total square kms of coverage, and (c) average call failure rate on par, based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ (4G) network available from Bell, vs. Rogers HSPA/HSPA+ network. Excludes roaming partners' HSPA and GSM/EDGE coverage in certain parts of Manitoba. Speed may vary due to topography, environmental conditions, device type and other factors. See bell.ca/network for details. HTC, the HTC logo, and HTC Incredible S are trademarks of HTC Corporation. Samsung Galaxy S Vibrant is a trademark of Samsung Electronics Co., Ltd., used in Canada under license. MOTOROLA, the Stylized M Logo and MOTOBUR are trademarks or registered trademarks of Motorola Trademark Holdings, LLC. BlackBerry®, RIM®, Research In Motion® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Android is a trademark of Google Inc.

UNIVERSITY 101: A COURSE OF MISDIRECTION

HE SAYS ...

JOHN MAZEROLLE
METRO



Another university year is beginning, so post-secondary students are about to learn important "life lessons" that will stay with them long after they've forgotten what Pi is (it's a number).

So that I might save you from the high cost of tuition, books, and 55 metric tonnes of Mr. Noodles, here they are:

Condoms are king: Welcome to university, the only organization that gets away with putting a prophylactic in its orientation kit. This would be less well received at, say, Microsoft. Nary a frosh week organizer will pass up the opportunity to offer you a free condom. "Hi, I'm the leader of the Fundamentalist Christian Fellowship," they'll say. "Would you like a Trojan?"

High school has not prepared you: Real university preparation courses would only upset parents, because they would have names like, "101 things to do with your surplus condoms" and "Beggars CAN be choosers: Getting the most from your local soup kitchen."

No one cares about you: In Grade 12, your teacher listened patiently as you explained your poor mark was because the exchange student, Olaf Gooberson, rejected your advances. In university, your professor will sympathize with you only in select circumstances, such as if you are actively dead. Even then, she'll expect a doctor's note.

Textbooks are not your friend: The average university textbook weighs more than the average student, and that weight is both physical and emotional. For many of you, this purchase will be the first time you've ever gone into a store with a big wad of money, paid for something that was still in its plastic wrap, and not felt good about it. Fortunately they're a good value because humans are genetically incapable of throwing away textbooks, which will live on as doorstops and window jams until you die.

Students are (very) amateur philosophers: Like a 10-year-old who learns a new swear word, many university students learn a few simple philosophical concepts and can't stop spouting them. For instance, you will hear "How do I know anything is real?" multiple times. If you hear anybody say that, slap them. If they complain, explain that the pain is not real, but rather a byproduct of humanity's inability to perceive time. Then hit them again. For me.

University is just another step: When I was graduating, choosing community college over university was seen by teachers as a career move only slightly better than holding up a convenience store. Between the hype and the price, university no doubt seems like the be-all and end-all. But it's not.

The important thing to remember is, no matter how you do, and no matter what happens over the next four years, you will never, ever run out of condoms, obsolete textbooks or tired philosophical catchphrases.

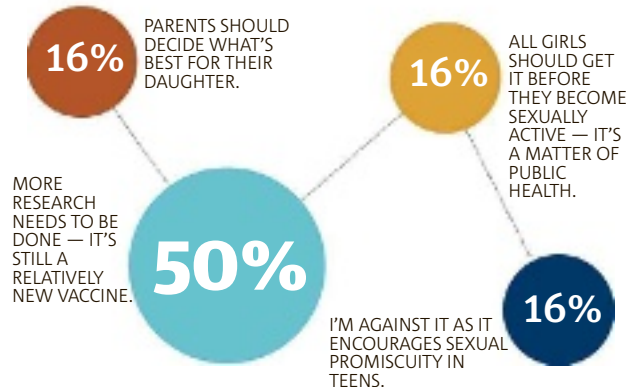
Some people also collect memories and knowledge, if you're into that sort of thing.

.....
Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

What are your thoughts on the HPV vaccine?



Local tweets



- **@Allyf8:** So excited that the @Forever21Store opens Saturday in #Ottawa #itsabouttime
- **@Sean_Mart:** isn't this how "I Am Legend" started? @CurtBennett: Cancer-fighting virus looks promising in early human trials <http://bit.ly/pA12Jb>
- **@theodotblog:** Ottawa Voted As Best City To Sit And Check Twitter Whilst In Traffic #ottcity
- **@ItsJammilah_DUH:** I swear some parts of Ottawa look just like Jane and Finch
- **@Frankie0331:** Hoping the #Ottawa #police start to patrol Linda Thom park in #oldottawasouth more. Drug and vandal problem getting worse.
- **@fireandwater99:** It should be against the law to charge so much for textbooks. #highwayrobbery
- **@GregMcCambley:** @fireandwater99 I don't think I ever had that, but I did have a lot of professors whose books were just a bunch of photocopies..

Worth mentioning

MARTIN LUTHER KING JR. Poet Maya Angelou says the way a quote from Martin Luther King Jr. was paraphrased on his new memorial in Washington makes the civil-rights leader sound like an "arrogant twit."

Angelou, who consulted on the memorial, told the Washington Post that the shortened version sounds egotistical and should be changed.

The phrase is from a speech shortly before King's assassination in 1968 in which he talked about how people should remember him.

In the original, King starts by saying, "If you want to say that I was a drum major, say that I was a drum major for justice," King told the congregation. "Say that I was a drum major for peace. I was a drum major for righteousness. And all of the other shallow things will not matter."

All that is condensed on King's memorial as "I was a drum major for justice, peace and righteousness."

"The 'if' clause that is left out is salient. Leaving it out changes the meaning completely," Angelou told the Washington Post.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

University prof quits over lack of parking

Frustrated with the "ridiculous" lack of parking on campus, a Dalhousie University professor has quit his job.

Dan Middlemiss, an expert in Canadian defence policy and professor in the political science department, said he decided to leave his job of 30 years because he had to arrive on campus hours before his first class to snag a spot in oversold lots.

"It's just silly. It's been 30 years of

frustration," said Middlemiss, adding he made his final decision Monday after waiting hours in line to buy a parking pass only to be told he would have to come back the next day.

He said he always had to drive from home in Lower Sackville, N.S., at around 7 a.m. to secure a parking spot for his 2:30 p.m. class.

There are just 2,000 parking spaces on the Halifax campus for 17,000 students and 3,000 employees, a predicament Middlemiss called "ridiculous."

Last year, the university oversold the number of parking passes by 65 per cent. But this year it aims to oversell by only 30 per cent. At the same time, the university has turned 184 general parking spots into reserved spots. **TORSTAR NEWS SERVICE**

[illegible]

2011 MODEL YEAR WRAP UP

**0%
PURCHASE
FINANCING
FOR 48 MONTHS***

2011 CRUZE LS

54 MPG
HIGHWAY

5.4 L/100 km HWY
7.8 L/100 km CITY^Δ

PURCHASE PRICE

\$16,395*

**INCLUDES FREIGHT,
PDI & LEVIES**

2011 CANADIAN CAR OF THE YEAR.



**AUTOMOBILE JOURNALISTS
ASSOCIATION OF CANADA**

0% PURCHASE FINANCING
ON MOST MODELS*

UP TO
\$10,000
IN CASH CREDITS

ON SILVERADO 1500 EXT. CAB

2011 **MALIBU** LS
PURCHASE PRICE
\$23,895*

**INCLUDES FREIGHT, PDI, LEVIES &
\$1,500 CASH CREDIT***

48 MPG
HIGHWAY
5.9 L/100 km HWY
9.4 L/100 km CITY²



MONTHS*

LTZ[™]

LTZ[®]

2011 EQUINOX LS

\$26,995*

INCLUDES FREIGHT, PDI & LEVIES

46 MPG
HIGHWAY
6.1 L/100 km HWY
9.2 L/100 km CITY^a



LTZ



THE BEST COVERAGE IN CANADA
5 YEARS • POWERTRAIN COMPONENT LIMITED WARRANTY
160,000 KM* • ROADSIDE ASSISTANCE
 • COURTESY TRANSPORTATION

*HONDA CRUISE FIRST, EXCLUDES MEDIUM-DUTY TRUCKS. SEE DEALER FOR LIMITED WARRANTY DETAILS.

The GM Card*

Redemption allowances

Redemption allowances† range from \$700 – \$2,000

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.
Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.***

Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.***



2
scene

News in brief



New Kids on the Block member Jordan Knight will be one of the judges on the new CBC-TV reality show *Cover Me Canada*. The competition features musical acts performing classic Canadian songs.

THE CANADIAN PRESS



Fright Night stars bummed over poor U.S. showing, hope for European success

More is not always merrier

► One-man band hoping to make a name for himself in the nation's capital

BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA



Saskatoon native Matt Dorgan moved to Ottawa for work but is staying for

the music.

"I am amazed at how supportive and co-operative the Ottawa scene is," Dorgan explains. "I've had the opportunity to play in many different cities over the years, and I can honestly say that this city has, by far, the best vibe and sense of camaraderie."

That local support system comes in handy for Dorgan, who is reinventing himself as a solo artist after parting ways with his three-piece rock outfit. Dorgan says he found it difficult to maintain a band with a busy touring schedule.

"I was always searching for bandmates and session musicians to record with. It wasn't until I came to Ottawa that I decided to focus on being a one-man band, which pretty much allows me to play anywhere, anytime without the need of finding session musicians or a backup band for live shows."

When he started his new project, Dorgan decided to take a step away from rock and challenge

All in the details

The Matt Dorgan Project
w/ Three Second Rescue
and Emma's Ringer.

- **When:** Tomorrow night at 9 p.m.
- **Where:** LiVE Lounge (128.5 York St.).
- **Price:** \$8 at the door.

Gatineau Hot Air Balloon Festival

- **When:** Tomorrow through Monday.
- **Where:** Parc de la Baie (93 rue St. Louis, Gatineau).
- **Price:** Starting at \$19.

Check out the 24th annual Gatineau Hot Air Balloon Festival this weekend. There will be lots of entertainment on site and you can even try out a balloon ride. More details at montgolfieresgatineau.com.

himself by creating songs without using a guitar. That's where his classical training comes in.

"For some reason," he says, "I was always against bringing my sax to band rehearsals. I couldn't ever see it fitting with the music I was creating at the time. I am approaching songwriting differently than I was before and am finding that the sax has been the missing link."

Now that he's found the missing link, he's having a great time putting it all together.



► One-man band Matt Dorgan of the Matt Dorgan Project.

"Building songs in front of the crowd is always a bunch of fun because their vibe really affects which

direction I take the song at that moment," says Dorgan.

"Making heavy use of a

loop pedal and six different instruments, I find it can yield some very surprising results."

French for Federal Government Employees

Are you a federal government employee or do you want to be one?

La Cité collégiale's Corporate Training Centre can help you attain your language training objectives.

PFL2 Method

► September 20th to December 15th, 2011, Tuesdays and Thursdays or choose intensive Saturdays
Beginner 1 | Beginner 2 | Intermediate 1 | Intermediate 2 | Advanced

Preparation for SLE

► September 19th to December 19th, 2011, Mondays and Wednesdays or choose intensive Saturdays
Level B - Oral | Level C - Oral

For information:
Daniel Cardinal
613 742-2483, extension 2763
dcardi@lacitec.on.ca
www.lacitec.on.ca/web/lca/corporate-services/ffge.htm



la cité collégiale
Le Collège des meilleures pratiques

MEMBERS GET

A BRAND SPANKING NEW iPhone 4 FOR \$99⁹⁹.

Get it on the Virgin Mobile SuperTab™ with no term contracts.



Apple iPhone 4



Available for a limited time only at your Virgin Mobile retailer.

Some phone models and colours may not be available at retailers. Limited time offer.



IT'S BETTER TO BE A MEMBER



A one-time activation charge of \$35 may apply to each line. The following monthly fees apply in select provinces for 911 emergency services: NB (\$0.53), NS (\$0.43), PEI (\$0.50), SK (\$0.62) and QC (\$0.40). All pricing and plans are subject to change without notice. Cannot be combined with any other offers unless otherwise indicated. Prices require activation on the Virgin Mobile SuperTab™. For the full details go to virginmobile.ca/super. Taxes extra. Retailers may sell for less. "Virgin Mobile" and the Virgin Mobile logo are trademarks of Virgin Enterprises Ltd. and used under license by Virgin Mobile Canada. TM and © 2011 Apple Inc. All rights reserved. All other trademarks are the property of their respective owners and used with permission.

Damon goes viral

► Matt Damon, director Steven Soderbergh team up for Contagion ► Both now take extra care washing their hands



NED EHRBAR
SCENE@METRONEWS.CA

METRO WORLD NEWS IN HOLLYWOOD

While working for Steven Soderbergh is an easy choice for Matt Damon — the two have teamed up on the three Oceans movies, Che and the Informant! — the eclectic director's pitch for their latest collaboration, Contagion, gave Damon pause. "He sent it over to me with a note saying, 'Read this and then wash your hands,'" Damon remembers.

The warning was well-founded, though, as Contagion covers some nerve-rattling subject matter: A new virus quickly spreads throughout the world, quickly becoming an epidemic, while scientists and doctors race to find a cure while govern-

ments work to keep society from falling apart. What surprised Soderbergh the most about the film was how easy it was to get made. "Everyone felt there was a place for an ultra-realistic film about this subject. Nobody hesitated," he says. "It all happened very quickly — uncharacteristically quickly, actually, considering what the business is right now for adult dramas."

Damon is only one part of the massive, big-name cast Soderbergh assembled for Contagion. Playing Damon's wife — and Patient Zero — is Gwyneth Paltrow, while the Talented Mr. Ripley co-star, Jude Law, pops up as an opportunistic blogger. On the disease-fighting side, Marion Cotillard plays a World Health Organization inves-

"Everyone felt there was a place for an ultra-realistic film about this subject."

DIRECTOR STEVEN SODERBERGH

tigator, while Kate Winslet and Laurence Fishburne's CDC officials work state-side. For Fishburne, the appeal of the project was simple. "I was kind of blown away by how smart it was, because a lot of what is being made now is kind of stupid," he says.

But that doesn't mean working on the movie has had any impact on Damon's disaster preparedness. But then he's always been bad about stuff like that.

"After the Northridge quake, I put the flashlight by my bed for like two



► Matt Damon says his wife's nickname for him is Red Alert because he worries about potential catastrophes.

weeks, and then forgot about it," he admits, though now that he's a parent his behaviour has certainly changed. "I'm probably more protective than I've ever been now that I have children," he says.

"My wife's name for me is Red Alert. I sometimes just check to see if the kids are breathing."

Despite playing a CDC specialist in the film, Fishburne says none of the germ-phobia rubbed off on him. "I ain't afraid of germs, and I ain't afraid of getting sick," he says. "Dy-

ing, that's some other s—."

As for Soderbergh, working on Contagion certainly has made him much more aware of the microscopic dangers around him.

"I don't know if my behaviour has changed. I'm just really aware of it now," he says.

"Somebody set up this microphone, I was handed some lip balm by one of the makeup people, which I took a Kleenex and cleaned off, but who knows if that worked. So don't get near my mouth. Having gone through it,

I'm always going to be conscious of it now."

But it's not all fear and paranoia, Soderbergh admits. Taking the movie out into the world has produced some surprisingly entertaining moments — even if they are at his audience's expense. "It was fun during the preview to watch the lights come up and 400 people realize that they're next to a bunch of strangers and that they've touched everything," he says, a mischievous glint in his eye.

"You could tell they weren't happy."



myTide keeps her favourite outfit looking like her favourite outfit.



Tide helps keep your fabrics from fading, so your family can keep loving the clothes they love. Tide.ca



Sensational!

SMITHS FALLS

Heart of the Rideau Canal

PHOTO CREDIT: SIMON LUNN

Come for the Day or stay for the Weekend!

Discover 3 Sensational Museums at the Heart of the Rideau Canal

Take Advantage of our Fun in the Falls Passport or Multi Pack discounts

Call 613-283-6311 for more information

www.smithsfalls.ca

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the **FREE Metro Play app** — updated daily!



metro **play**



DON'T GET SLOWED DOWN BY OLD PHONE LINE TECHNOLOGY.



GET
DOUBLE
THE DOWNLOAD SPEED
DOUBLE
THE MONTHLY DATA¹

**SWITCH TO ROGERS HI-SPEED INTERNET
FOR LESS THAN THE PHONE COMPANY**

Express Packages
starting from **\$23⁵⁰/MO.²**
for 6 months (based on 50% discount)
with 1-yr. term. Modem rental or purchase
required. All monthly fees included.

Compare for yourself at rogers.com/double



Offer only available to new Rogers Internet customers for a limited time and subject to change without notice. 1 Within Rogers cable service area. Current as of August 4, 2011. Comparison between Rogers Express tier (download up to 12 Mbps with DOCSIS 3 modem, usage allowance 60 GB) and Bell Fibe 6 (download up to 6 Mbps, usage allowance 25 GB). 2 Early cancellation fee applies. Pricing increases to \$46.99/mo. for last 6 months. Modem rental (\$3.50/mo. for first 6 months, \$7/mo. for last 6 months) or purchase (\$199.95) required plus a one-time \$14.95 activation fee. Taxes extra. ©2011

Baby talk must be right: Weisz

Newlyweds Rachel Weisz and Daniel Craig haven't ruled out adding a baby to their household, but the motivation has to be right, Weisz tells Lucky magazine.

"Oh, I wouldn't make [a baby] just for the sake of giving my son a sibling,"

► Daniel Craig



► Rachel Weisz

she says. "But you never know."

Weisz has a five-year-old son, Henry, from her relationship with Darren Aronofsky.

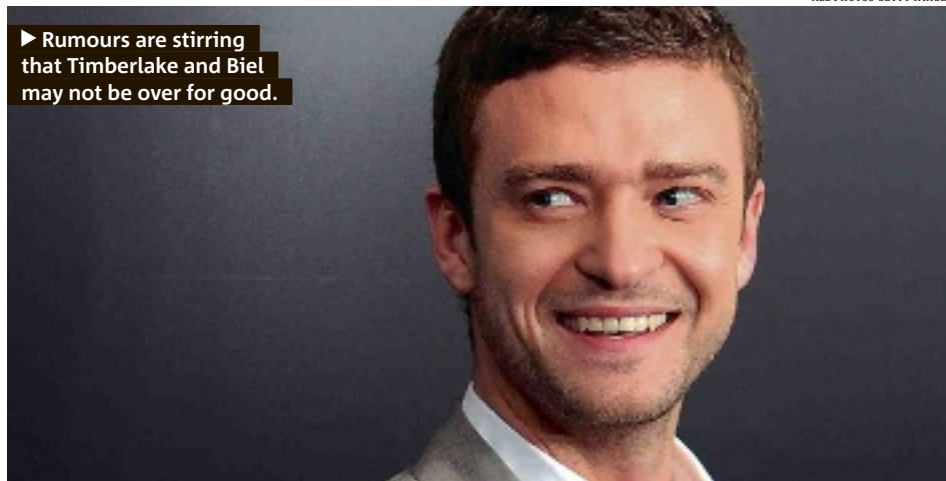
Meanwhile Craig has a 19-year-old daughter named Ella from a previous marriage.

● METRO

A love rekindling for Biel and Timberlake?

► Former flames spotted dining and enjoying a leisurely bike ride in Toronto

► Rumours are stirring that Timberlake and Biel may not be over for good.



ALL PHOTOS GETTY IMAGES

Jessica Biel and Justin Timberlake put an end to their relationship back in March, but now there's speculation that their breakup might not stick, according to Hollyscoop.

Biel and Timberlake were spotted recently sharing brunch and a leisurely bike ride in Toronto, where Biel is cur-

rently filming.

"They were in good spirits," an eyewitness says. "They seemed happy. They had brunch together. They were talking. They enjoyed their food. They had a nice time."

But even if the pair are rekindling their flame, don't expect Timberlake to get too talkative about it.

"In my 30 years, she is the most special person," he told Vanity Fair in June.

"I don't want to say much more, because I have to protect things that are dear to me — for instance, her." ● METRO

Your debt has you maxed out, tapped out and stressed out.

More people talk to BDO for debt solutions than anyone else in Canada. And we've been doing it for over 50 years. It won't cost you anything to call. You'll feel a whole lot better when you do.

GoodThingAboutDebt.ca

BDO. THE ONLY GOOD THING ABOUT DEBT.
613-235-5225 / 1-800-754-1579



BDO

Biebs has first fender-bender

Justin Bieber reached another milestone — his first fender-bender.

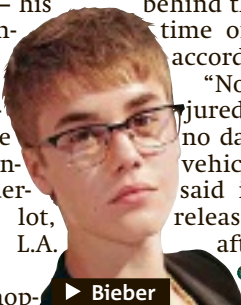
The 17-year-old singer's black Ferrari is said to have collided with a Honda Civic in an underground parking lot, according to the L.A. Times.

The famous mop-

topped entertainer was behind the wheel at the time of the collision, according to reports.

"No one was injured and there was no damage to either vehicle," the LAPD said in a statement released shortly after.

● METRO



► Bieber

Celebrity tweets



"If writing on rocks and throwing them at people counts.... I'm totally down with fighting with words."



@samantharonson

@jimmyfallon



"Beyonce & Jay-Z are expecting a baby. Man, that kid is gonna have everything! Except a last name."

@joelmchale



"Fact: 90% of all men in the U.S. driving convertibles are real estate agents."



@iamwill

"How do we get america back up to speed again???"

LASIK MD
VISION



Before
Flat
Screens



Before Laser
Vision Correction

Why settle for old technology? Get LASIK!

LASER VISION CORRECTION

Starting at

\$490 /eye*

IntraLase SBK Available

FREE Consultation: 1-877-769-3030 • www.lasikmd.com

*Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

OTTAWA: Chambers Building, 42 Elgin St.

© Trade-mark of Capital Sports & Entertainment Inc. Used under license.

Official LASIK provider of
the Ottawa Senators®



You want it, we've got it for less

iPhone 4 | 16 GB



\$99

Available on a 3 year term
with any \$50 plan

\$649 No term

GET YOURS BY SEPTEMBER 7, 2011

iPhone 4

telusmobility.com/iPhone4

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

► FUTURE SHOP



BLACK⁵
www.black5.com

TELUS STORES & AUTHORIZED DEALERS

Ottawa Ottawa Office Tower Bayshore Shopping Centre Billings Bridge Shopping Centre Carleton Place (525 McNeely Ave.)	Carlingwood Shopping Centre Rideau Centre St. Laurent Shopping Centre 10 - 100 Trainyards, Bldg. C 2950 Bank St.	1568 Merivale Rd. 2160 Montreal Rd. 424 Catherine St. 1255 Coldrey Ave.	Brockville 2211 Parkdale Ave. Cornwall Cornwall Square 2130 Vincent Massey Dr.	Hawkesbury 321 Main St. E Kanata Kanata Centrum Walk	Kingston Cataraqui Town Centre 646 Norris Crt. 764 Gardiners Rd. 131 Princess St.	Nepean Chapman Mills Marketplace 39 Robertson Rd.	Orléans Place d'Orléans 2 - 4312 Innes Rd. Pembroke Pembroke Mall	Perth 106 Gore St. E Stittsville 1300 Main St.
--	--	--	--	---	--	--	---	---

Offer available until September 7, 2011. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. TELUS, the TELUS logo and telusmobility.com are trademarks of TELUS Corporation, used under licence. TM & © 2011 Apple Inc. All rights reserved. © 2011 TELUS.

3
life

Men's style

Men caring more about complexion



According to Stylesight.com, 84 per cent more men feel comfortable purchasing grooming products than did previous generations. It's reported that men now spend an average of 22 minutes on their beauty regimen, closing in on the average woman's 29-minute regimen. **NEWS CANADA**



Easy tips to shape up this season

► Canadian fashion blog The Coveteur is taking a peek into the dressers, drawers, closets and safes of ladies and gents in the frontline of the fashion industry

Site brings style savvy out of the closet

JACK ROSENBERG/THECANADIANPRESS



► Stephanie Mark, left, says she and her Coveteur collaborators love profiling celebrities, but feel it's also important for them to focus on others within the industry such as make-up artists and hairstylists, who usually don't receive the same level of recognition.

A moniker marrying the words "covet" and "voyeur" seems fitting for a site offering glimpses into people's closets, but there's much more to homegrown fashion blog The Coveteur than a series of random snapshots.

The Canadian trio behind the buzzworthy blog is keen on capturing intimate portraits of personal style within a cosy, familiar environment typically beyond the glare of the spotlight.

Since launching this year, The Coveteur has won fans with its photographic profiles of the stylish private spaces of notable names, as well as those working behind the scenes in the fashion world.

"I think people are all voyeurs. Everyone wants

behind-the-scenes access," said designer Erin Kleinberg, one of the founders. "People are visual and they want to see imagery, and they want to see exclusive content, for sure."

JACK ROSENBERG/THECANADIANPRESS



► Reality star Khloe Kardashian, centre, is seen with Erin Kleinberg, left, and Stephanie Mark, right, as her closet is perused by the The Coveteur founders.

Street style was a huge influence for Kleinberg and stylist Stephanie Mark, but both wanted to take the concept one step further.

Rather than strictly chronicling what people were wearing, they came up with the idea of adopting a more personal approach: going into individuals' homes to peruse and capture snapshots of the clothes, accessories and prized keepsakes adorning their closets.

"Once we started shooting, the element of environment really came into play then," Mark said. "We realized the environment was just as much about a person

as their clothing... they kind of really complement each other."

Rounding out the Toronto trio is photographer Jake Rosenberg. The team had previously collaborated on one of Kleinberg's lookbooks shot by Rosenberg and styled by Mark.

For someone accustomed to shooting fashion on figures, Rosenberg said the notion of capturing images of closets was an entirely new concept.

In certain cases, the process turned out to be a revelation of sorts for the subjects themselves, he noted.

"A lot of people say after

The site stats

Wondering how thecoveteur.com came to be?

- The Coveteur netted 20,000 hits the day it launched in January, and what initially started off as a fun passion project has evolved into a full-time commitment that sometimes involves travel to locations such as New York and Los Angeles.
- The site also features e-commerce, allowing users scrolling through the various images to shop the look they see featured in the closets.

we've gone through their closet, 'Oh my God, I totally forgot that I had all this stuff in there,'" Rosenberg said.

The Coveteur has embarked on a special collaboration with luxury retailer Holt Renfrew, including a lookbook showcasing fall designer footwear, a photo exhibit featuring the closets of resident tastemakers, and dedicated window installations at locations across the country.

THE CANADIAN PRESS

SURPLUS WAREHOUSE

NEW AND USED
OFFICE FURNITURE

EVERYTHING YOU NEED
FOR BACK TO SCHOOL!

DESKS • CHAIRS • FILING CABINETS • BOOKCASES • STORAGE CABINETS
TABLES • STEEL SHELVING • COMPUTER TABLES • WORKSTATIONS
RACKING • WHITEBOARDS • EGAN VISUALS • HUTCHES • LOCKERS AND MORE!

613.247.4000 • 716 INDUSTRIAL AVE., OTTAWA
WWW.SURPLUSFURNITURE.CA

STUDENTS:
TAXES INCLUDED
ON ALL USED
FURNITURE!



Another celebrity fashion label?

► The latest growth spurt in celebrity clothing lines is upon us ► We rate the newest batch



METRO WORLD NEWS IN LONDON

From the Kardashian sisters's new collection for the

American chain store, Sears, to rumours of a Kanye West-designed shoe line with Giuseppe Zanotti, the month has been rife with celebrity clothing lines launches and news.

The idea of famous people trying their hand at fashion design can be a yawn, especially when you think of past flops such as Jennifer Lopez's Sweetface or Lindsay Lohan's debacle at

Emanuel Ungaro. But there have been some surprising hits too from Victoria Beckham's eponymous women's label to Mary-Kate and Ashley Olsen's The Row. And let us not forget

the puzzling, mega-money-making hit that is Jessica Simpson's clothing empire. We look at the bold-faced names that have launched clothing lines in the past year and rate the results.

The scale

- **Tabloid material:** You'll happily read about the collection on your favourite celeb blogs. But would you ever wear it? Hell no.
- **Markdown only:** It's kind of cute and worth waiting for end-of-season sales.
- **Bag it:** The line has your name written all over it.

THE LABEL

WHY DESIGN?

HOW'S IT LOOKING?

RATING



The Kardashians Kollection for Sears



The sibling queens of reality TV will do anything to keep you talking about them, including designing a 41-piece collection that could have come straight out of their closet.

The much hyped line launched on August 11 smack dab in the middle of the even bigger media hype over Kimmy's wedding. Coincidence? We think not.

Tabloid material



Georgia May Jagger for Hudson jeans



Any self-respecting daughter of A-listers has to show that there's more to her existence than just being the pretty progeny of superstar parents. In the case of Mick Jagger's model daughter, that means designing pricey denim.

It's hard to screw up jeans. Georgia's line includes tightly cut mid-rise skinnies with quirky details like lace ties running down the length of the legs – thank Mom, Jerry Hall and her Studio 54 days for that little gem.

Markdown only



Jennifer Lopez and Marc Anthony for Kohl's



She's done it before. Plus, all of America tuned in to American Idol weekly to see her snazzy looks. A diva's gotta capitalize off of that. Kohl's has gone pretty quiet on promo'ing Marc Anthony's menswear half of the line, though. Divorce does not a good ad campaign make.

One-shouldered blouses, tight jeans, animal print dresses, knee-high boots, blingy jewelry: The clothes basically look like lesser expensive versions of the hyper-sexy stuff Lopez usually wears.

Tabloid material —unless you're one of the millions who coveted her A.I. costumes, in which case: Bag it, baby



Have something to say about the provincial general election?
Before you advertise, know the rules.

Whether you are a provincial candidate, political party, constituency association or anybody else – you need to follow the legal requirements. Elections Ontario can help.



Elections
Ontario

Visit our website elections.on.ca or call us at 1.866.566.9066.
Disponible en français



EXCLUSIVE IN-SALON OFFER!
FREE IN-SALON TREATMENT

WITH THE BOOKING OF A WELLA PROFESSIONALS COLOR SERVICE!

Offer valid until August 31, 2011.

EXPERIENCE WELLA PROFESSIONALS WITH ALL YOUR SENSES
VISIT ONE OF THESE PARTICIPATING WELLA SALONS:

Texture Hair Salon
293 Dalhousie St.,
Unit 101, Ottawa
613-241-8977

Salon Salwa
70 George St.,
Unit A, Ottawa
613-241-7902

Riccioli Hair Salon
372B Rideau St., Ottawa
613-789-5504

Merio's Hair Design
2446 Bank St., Ottawa
613-737-3872

Cappucci Hair Studio
3570 Strandherd Dr.,
Nepean
613-843-0364

Charisma Hair Design
110 Place d'Orleans,
Orleans
613-834-8985

Aura Professional Hair & Esthetics Studio
340 Albert St.,
Suite 180, Ottawa
613-238-2872

Precision Styling
2269 Riverside Dr.,
Ottawa
Billings Bridge Plaza
613-523-6594

Texture Boutique
1884 Merivale Rd.,
Unit 8, Ottawa
613-265-9925

Spahara Day Spa & Hair Studio
150 Robertson Rd.,
Nepean
613-726-6399



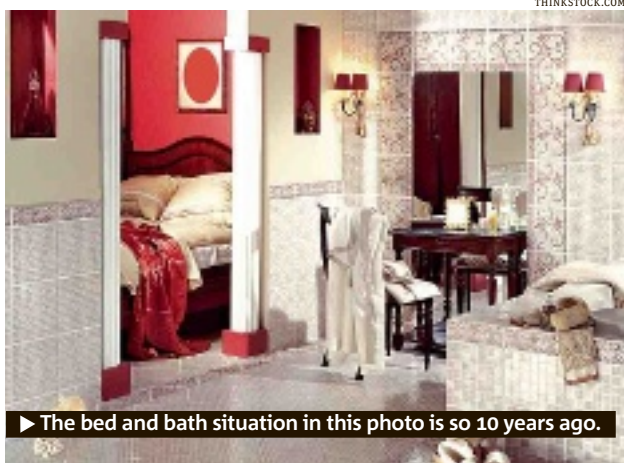
WELLA
PROFESSIONALS

©2011 Wella Canada, Inc., Mississauga, ON L5R 3M3 All Rights Reserved.

A BATHTUB IN THE BEDROOM — YAY OR NAY?

When listing 12 things she can't live without for ELLE's August decor issue, Gwyneth Paltrow included a fancy bathtub in the middle of her bedroom, without an ounce of irony.

Celeb journalists rolled their eyes like, "That's just Gwyneth being all Gwyneth." But in actuality, the bedroom bathtub has become very trendy in interior decor land. We weigh the pros and cons.



PROS



When you're tired after a long day at work, you can literally roll right out of the bathtub and into the bed.

- ▶ When your eyes are still groggy from the night's sleep, you can literally roll right out of bed and into the bathtub.
- ▶ Those special date nights could be twice as fun.

CONS



Your bedroom will have that damp, yucky, steamy feeling.

- ▶ Um, hello, mildew?
- ▶ All that rolling out of bed and into the bath will make you lazy.
- ▶ You'll essentially be sleeping in the bathroom.

CREATURE COMFORTS

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
METRONEWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM



▶ Sweet dreams are made of these.

Dear Charles the Butler, What kind of sheets should I buy for my master bed, how many do I need and how often do I need to change my bed sheets?

Diane B.

Dear Diane B.,

First, when you go shopping I don't want you to worry or stress about thread count.

Feel the sheets and remember the fabric has "sizing" (a combination of light glue and starch which makes them stiff so they look nice in the retail store), so you really need to

buy one sheet, wash it and sleep with it.

Myself, I like sheets with "percale" in the summer — this is a closely woven smooth finish cotton.

In the winter I love flannel sheets, and the best part of flannel for me is that they are warm on cold nights and don't need to be ironed!

Once you find a brand of sheets you like, you should have a minimum of two sets, and if budget allows a third. This way you have

one set that is dirty, one on the bed and an emergency backup set for spills, dogs, kids, life etc.

And finally in a perfect world bed sheets should be changed weekly.

Remember the human body sweats a litre of liquid per night and the exfoliation of dead skin all accumulates in your bed and bacteria/mites love to feed on this.

HAVE A QUESTION? EMAIL
ASKCHARLESTHEBUTLER@METRONEWS.CA

Early Occupancy Homes Available NOW!!!

Ask About The Décor Bonuses Being Offered!

Some Exemptions Apply



Prices, terms and specifications are subject to change without notice. E & O.E



Bradley Estates North

400 June Court

Model: Pretoria Sp

2,145 sq. ft. 3 bedrooms 2.5 bathrooms

Available Immediately

\$469,900



Bradley Estates North

416 June Court

Model: Orford III

2,790 sq. ft. 4 bedrooms 3.5 bathrooms

Occupancy: September 29, 2011

\$505,047



Bradley Estates North

213 Ziegler Street

Model: Gray Rocks

2,594 sq. ft. 4 bedrooms 2.5 bathrooms

Available Immediately

\$584,900



Bradley Estates

100 Joshua Street

Model: Orford II 3-car

3,010 sq. ft. 4 bedrooms 3.5 bathrooms

Available Immediately

\$610,900

VISIT www.valecraft.com OR 217 Ziegler Street . 613-830-6955

Best in show

► I scoured the 2011 New York International Gift Fair to find the must-have products for this season

DESIGN CENTRE



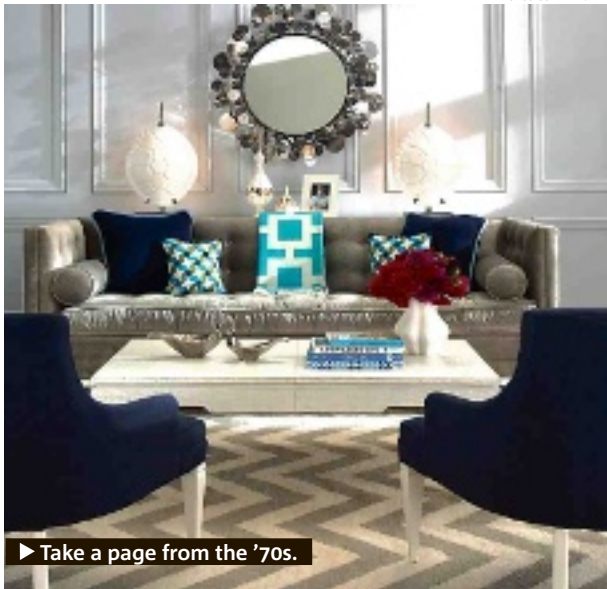
KARL LOHNES
HOME@
METRONEWS.CA

Twice a year the Javits Center in New York is packed with the latest and greatest in lamps, rugs, salad bowls and more

as the New York International Gift Fair displays housewares to thousands of buyers of retail stores.

The show — one of the largest of its kind with 2,800 exhibitors from the United States, Canada and around the world — features the best in home decor and entertaining accessories. I took a peek around this trade-only event and checked out the latest looks being offered up this season.

ALL PHOTOS CONTRIBUTED



► Take a page from the '70s.

Hicks 1970s inspiration
Geometric and herringbone patterns inspired by '70s design king David Hicks seem to be enjoying a revival.

This time around both bright colours mixed

with neutrals helped update the famous prints on wallpaper, rugs, pillows and furnishings.

Jonathan Adler, sand herringbone rug, \$1,550 and up, jonathanadler.com



Making big weaves

Another old time craft makes a comeback as several designers constructed items using weave techniques in materials such as wicker, knit and even rubber.

Tote bags everywhere!

Tote bag mania continues and I saw examples of the ubiquitous item made from pretty much anything including vintage carpet remnants, eco-friendly materials and old school canvas.

New this year: big, sturdy zippers,



clasps and lots of leather handles and straps for durability.

The Run Run Run Italian Shopper Tote bag is super-stylish and made of recycled water bottles. It can be purchased for \$45 at kickstarter.com.

Favourite find:

Little Black Dress closet organizer

► This tongue-in-cheek gadget, which can be hung over a door or closet rod, keeps your jewelry and hairpins in order. \$25, umbra.com



Fleurs & Pépinière
j.a. Laporte
Flowers & Nursery
**OPEN 9-5
LABOUR DAY**

Eastern Ontario's Largest Garden Centre

SOIL SALE
ONLY **99¢*** PER BAG
FIVE DAYS ONLY!
September 2-3-4-5 & 6

*With an in-store purchase of \$10 or more.
Limit 10 bags per car. No exceptions.
Applicable taxes extra.

LARGE EVERGREENS 6' - 8' TALL
Fir • Spruce • Pine • And Much More

LARGE TREES 2" - 3" CALIPER/10' - 14' TALL
Maple • Mountain Ash • Chokecherry • Japanese Lilac • And Much More

"LET US PLANT THEM AT NO COST TO YOU"

*Large trees & evergreens only - potted varieties not included in this offer

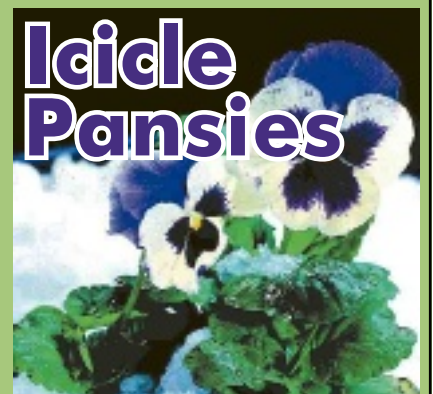


HARDY FALL MUMS



FALL BULBS

- Tulips
- Daffodils
- Crocuses
- Hyacinthes
- Alliums
- Much More



Iceicle Pansies

Fleurs & Pépinière
j.a. Laporte
Flowers & Nursery
1211 Old Montreal Rd, Orléans
613-833-2316

Get exclusive discounts and offers by visiting us online at
www.laportegardens.com

or by following us:

Hours:
Mon-Fri 8-6 • Sat 8-5 • Sun 10-4



We're located 5 minutes east of Place d'Orléans shopping mall.

SPECIAL INFORMATION FEATURE

Get your motor running

► Grab a Neustadt 10w30 to rev up your engine ► Memorable taste experience



JEFF O'REILLY
FOR METRO

A beer named after motor oil? When I first heard the name I giggled, and when I saw the can I laughed at the sheer brilliance of the marketing behind it. But when I tasted it I was completely sold — this was a beer to be reckoned with.

So how did a beer so unusual and different come to be brewed in a tiny town in Ontario?

Neustadt Springs Brewery owners Andy and Val Stimpson began their brewing journey working at the 200-plus-year-old well respected northern England brewery of Daniel Thwaites PLC before moving on to work at Marstons PLC.

After several trips to Canada and falling in love with our province, they decided this is where they belonged. In searching for a suitable location to brew, the Stimpsons came across the abandoned Crystal Spring Brewery in



► Wind-up doll Coppelia (street performer Kate Mior) gets ready to refuel with a Neustadt 10w30.

Neustadt and restored this historic landmark to operate the oldest working original brewery building in Ontario (established in 1859). The brewery also boasts some of the best sources of spring water in Canada.

Neustadt 10w30 (5.5 per

cent alcohol by volume) is deep ruby red in colour with a huge foamy tan head.

The initial nose of rich pleasant sweet malts and grains welcome you to a wonderful mixture of caramel, brown sugar, coffee, chocolate, and even

licorice flavours that abound before a slightly warm nutty finish. With a mild, super smooth mouth feel, this beer is a memorable and enjoyable taste experience, is worth searching out and warrants a trip to one of the bigger LCBO locations.

Hold on to summer at Thimblecakes

Summer is almost over, but there is still one way left to hold onto it ... with delicious homemade ice cream.

Actually, it's organic, dairy-based, coconut milk or sorbet all made in the completely nut-free location of Thimblecakes. With six flavours varying

according to the chef's whimsy, you are guaranteed a surprise each visit.

Real vanilla bean or chocolate coconut milk ice cream means any lactose-intolerant folks can get a scoop without worrying. The same goes for sorbet lovers with a penchant for fresh fruit like strawberry

or peach — expect to enjoy delicious chunks of fruit.

This cute new cupcake shop is decorated with funky Victorian furniture and has the friendliest staff. Open late weeknights. Thimblecakes (thimblecakes.ca) is located at 369 Bank St. at Gilmour.

► SAMANTHA EVERTS



► Homemade strawberry sorbet in chocolate cupcake cone.

Husk corn at last possible moment

I am amazed that in this age of "local is best because it is fresh" that so many consumers cheerfully husk their corn in the grocery store or market before purchase. This makes about as much sense as peeling bananas in the supermarket before bringing them home.

Nature has provided a cob of corn with a wonderful 100 per cent biodegradable packing material called the husk. It keeps the corn slightly cool and from being exposed to the air, which dries it and accelerates maturing. Also, the "silk" that extends from the cob is the channels through which the pollen travels to the individual kernel for fertilization.

These are fully intact and part of the husk, but when removed, the kernels have no more reason to live and have another reason to start to deteriorate rather rapidly. Thus, unless shoppers are planning to cook their corn immediately upon return from the grocery store, husking before purchase is not a wise move for those who cherish fresh food.

For those who are un-

certain about the quality of the corn, a slight tear in the husk will expose a few kernels, which will be identical to the rest of the cob.

Learn to judge the quality of the corn by the plumpness of the cob and the density and maturity of the silk. Chocolate brown ends and golden green in colour where they enter the cob is what I look for.

Also, it should be pointed out that husking corn at a farmers' market is taboo. Recently, at a local market, a vendor of sweet corn was livid. One of her customers

shucked the recently purchased corn in front of her booth, which she was busy cleaning when we came along. She knew about the loss of quality, which was the message she was trying to deliver, but worse than that, market vendors are obligated to keep the surroundings of their stands tidy. The stand operator probably lost a couple customers while she was distracted with the unnecessary effort of cleaning up someone else's mess.

► MAURICE HLADIK IS THE AUTHOR OF THE FORTHCOMING BOOK DEMYSTIFYING FOOD FROM FARM TO FORK.

Italian Dining Perfected

OTTAWA'S AUTHENTIC RISTORANTE



Mamma Teresa
RISTORANTE

Your senses will come alive with the aromas of classic Italian cooking.

A Classic Italian Dining Experience...Buon Appetito!

300 Somerset St. W. • 613-236-3023 • mammateresa.com



Must buy red blends, and a taste of Italy

IF I HAD \$100 ... TO SPEND AT VINTAGES



Enjoy some of the big, flavourful red blends in this week's Vintages release at the LCBO, perfectly timed for long weekend

barbecues. Or celebrate 150 years of Italian unification with the selection of Italian wines from classic regions as diverse as Piemonte and Puglia.

de Toren Z 2008, South African

(LCBO #178194, \$32.95)
▶ Leading with Merlot, here is a Bordeaux-style blend that's full-flavoured, balanced and delicious.

Luis Felipe Edwards 'Reserva' Merlot 2009, Chile

(LCBO #250340, \$14.95)
▶ Big, deep, inky and well structured, there is a complex array of aromas and flavours.

Inniskillin 'Winemaker's Series Barrel-Aged' Pinot Gris 2009, Niagara

(LCBO #177766, \$19.95)
▶ An award winner that's

subtle, spiced, lush, finishing fresh and fruity.

Domaine des Bernardins Muscat de Beaumes-de- Venise 2009, France

(LCBO #129999, \$16.95 (375 ml))
▶ Do you have a sweet

tooth? Definitely pick up a bottle of this wine rich with fruit aromas, luscious, silky and warm on the finish.

GRAND TOTAL: \$84.80

FOR MORE, SEE SAVVYCOMPANY.CA.

Time to splurge

- ▶ If you have extra cash, this Amarone is delicious.
- ▶ Corte Majoli Amarone della Valpolicella 2007, Italy (Vintages #81943, only \$33.95)

End season on a crisp note

HEMERA/THINKSTOCK

SEASONAL SIPS



Labour Day, Sept. 5:

Say goodbye to summer with a crisp and refreshing Sauvignon Blanc from New Zealand.

Delta Sauvignon Blanc (\$16.95 +236125) is from Marlborough, generally considered to be the place for this grape. Sauv Blanc goes great with summer salads, grilled veggies, and dishes seasoned with fresh herbs. It's also a great patio wine all on its own. Available at Vintages Saturday.



▶ Esprit du Sud Rouge would be great with an organic steak on the grill.

Feast of Fields, Sept. 11:

Feast of Fields is an annual culinary celebration of local organically-grown food. Many people don't know that there are also organic wines and we are seeing more and more of them at the LCBO these days.

Esprit du Sud Rouge (\$14.95 +104919) is an organic wine from the south of France, an excellent area for organic farming, due to its warm, dry climate — damper cli-

mates have to worry about mildew and rot, which require treatment with chemicals.

This red is a blend of Syrah, Grenache and Carignan, and would be great with an organic steak on the grill. Available at Vintages Saturday.

● ALLYSON BYCRAFT IS CURRENTLY ON A VINOUS ADVENTURE AT BABCOCK WINERY IN CALIFORNIA. FOLLOW HER GOINGS-ON AT WWW.SCRATCHINGSFROMACELLAR-RAT.BLOGSPOT.COM.

OTTAWA FARMERS' MARKET
Sundays • until October 30 • 8 am – 3 pm
1015 Bank Street • Lansdowne Park • Ottawa

BAYSHORE FARMERS' MARKET
Wednesdays • 11 am – 6 pm
Bayshore Shopping Centre • Ottawa

ORLÉANS FARMERS' MARKET
Fridays • until October 7 • 11 am – 6 pm
240 Centrum Blvd • Centrum Plaza • Orléans

OttawaFarmersMarket.ca

KEN'S JAPANESE RESTAURANT
217 Rideau Street
613-860-6788
www.kenjapaneserestaurant.com

**ALL YOU CAN EAT
BUFFET EVERYDAY**
Lunch \$12⁹⁹
Dinner \$21⁹⁹

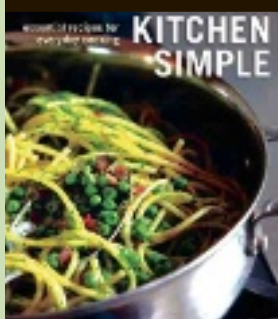


DINE IN OR TAKE OUT

**NOW
LICENSED**

We want to thank all our guests for supporting Ken's Japanese Restaurant

Weekly Cookbook



With Kitchen Simple: Essential Recipes for Everyday Cooking (Random House, 2011) James Peterson elevates routine fare into exciting eats.

The book presents creative takes on weeknight meals, impromptu dinner parties and inspired last-minute desserts.

More than 200 recipes such as Mexican-Style Gazpacho, Ricotta Ravioli, Clam Chowder, Roast Rack of Lamb, Cream Puffs, Stuffed Zucchini and more make up Kitchen Simple.

From everyday to elegant

► Warm Salad of Grilled Chicken Thighs & Figs and Zucchini Scapece Salad upgrade side dishes

ALL PHOTOS: MATTHEW MEAD THE ASSOCIATED PRESS

Skinless chicken breasts have become the new cottage cheese — the ubiquitous base upon which weight-loss diets are built.

But it still doesn't register well on the excitement meter. That's where chicken thighs come in. Sure, they aren't as low in fat, but being skinless and by trimming all visible fat they become fairly low in fat and they're flavourful.

Salad of Grilled Chicken Thighs, Figs & Parmigiano-Reggiano

Preparation:

- 1 In a large bowl, combine half each of the vinegar and rosemary. Season with salt and pepper. Add chicken and toss to coat. Cover and



► This recipe serves four.

marinate at room temperature for 15 minutes or in refrigerator for up to 4 hours, turning

chicken occasionally.

- 2 Place onions in a large bowl and add remaining

red wine vinegar and a pinch of salt. Mix and set aside for 15 minutes to 1 hour, tossing occasionally.

- 3 Heat a grill or grill pan to medium-low. Place chicken thighs on grill and cook for 15 to 20 minutes or until nicely browned and cooked through, turning chicken halfway through grilling. Transfer chicken to a plate and sprinkle with basil. Set aside.

- 4 Add arugula, figs and remaining rosemary to onions and vinegar. Gently toss salad, then season with salt and pepper. Divide salad among 4 serving plates. Place chicken thigh halves around salad, then sprinkle salads

Ingredients:

- 60 ml (4 tbsp) red wine vinegar, divided
- 10 ml (2 tsp) chopped fresh rosemary, divided
- Salt and ground black pepper
- 8 bone-in, skinless chicken thighs, each cut into 2 pieces each (1 to 1.15 kg/ to 2 to 2 1/2 lb total)
- 125 ml (1/2 cup) thinly sliced red onion
- 5 ml (1 tsp) chopped fresh basil
- 2 ripe fresh figs, cut lengthwise into quarters
- 2 l (8 cups) loosely packed fresh arugula
- 30 g (1 oz) Parmigiano-Reggiano cheese, shaved

with shaved Parmigiano-Reggiano.

THE ASSOCIATED PRESS/
ROCCO DISPIRITO

Zucchini Scapece Salad Preparation:

- 1 Dressing: In bowl, whisk oil, honey, lemon zest and juice, garlic and fennel seeds. Season to taste with salt, pepper.

- 2 Marinade: In bowl, combine vinegar, garlic and 1 ml (1/4 tsp) each of salt and pepper. Add mint and set aside.

- 3 In skillet over medium-high, heat about 5 mm (1/4 inch) of olive oil. Working in batches, fry zucchini slices turning slices often with fork,

for 7 minutes. As zucchini slices finish frying, transfer to marinade. Let marinate for 10 minutes.

- 4 To assemble, place arugula in large bowl.

Remove zucchini slices from marinade and add to arugula. Drizzle with dressing, toss gently. Top with ricotta salata.

THE ASSOCIATED PRESS/
DONATELLA ARPAIA

Ingredients:

Dressing

- 50 ml (1/4 cup) olive oil
- 5 ml (1 tsp) honey
- Zest and juice of 1 lemon
- 1 clove garlic, diced
- 30 ml (2 tbsp) toasted fennel seeds
- Salt and black pepper

Marinade

- 175 ml (3/4 cup) red wine

vinegar

- 3 large cloves garlic
- Salt and black pepper
- 30 mint leaves, sliced

Zucchini

- Olive oil, for frying
- 3 to 4 medium zucchini, sliced diagonally into 5-mm (1/4-inch) rounds
- 1.5 l (6 cups) arugula
- 50 ml (1/4 cup) shaved ricotta salata

大統華 T&T

The Largest Asian Supermarket Chain in Canada



224 Hunt Club Rd, Ottawa, K1T 1C1
(Riverside Dr & Hunt Club Rd Intersection)

THIS WEEK'S SUPER DEALS: SEPT 2 ~ SEPT 8, 2011

OTTAWA STORE ONLY

While Quantities Last



Young Duck
Frozen, Canada A Grade

10⁹⁹ /ea



Atlantic Salmon
Fillet Fresh

5⁹⁹ /lb.
13.21/kg



Golden Kiwi
Product of New Zealand

3/\$2



Plain &
Raisin Loaf

2/2⁹⁹



BBQ Pork

3⁹⁹ /lb.
8.80/kg



Three Crabs
Fish Sauce
682ml

3⁹⁹ /btl



Kikkoman
Soy Sauce
3.79l

9⁹⁹ /tin



100%
Dim Sum/
Dumplings/
Wontons

5/10⁹⁹

Ottawa Store
Hunt Club MarketPlace
613-731-8113
9am - 9pm (Sat-Thur)
9am - 10pm (Friday)

Store will be closed on Labour Day Sept. 5

Check our website
www.TnTsupermarket.com

Join us on Facebook
(Search for T&T Supermarket)



Quantities and / or selection of items may be limited and may not be available in all stores. No rain checks or substitutions.

Advertised prices and product selection may vary by store location. T&T Supermarket reserves the right to limit quantities. Descriptions take precedence over photos. Some illustrations in this advertisement do not necessarily represent items on sale, and are for design purposes only. We reserve the right to correct any unintentional errors that may occur in the copy or illustrations.

Psychic, Mystics & Seers Fair

September 2, 3, 4, 5
FRI 4 - 10 pm
SAT 11am - 10 pm
SUN 11am - 7 pm
MON 11am - 6 pm



WIN!
Door Prizes

ADMISSION:

Adults \$10 • Seniors & Students \$8
Children under 12 - FREE
(accompanied by parent)
WEEKEND PASS \$30 - SAVE \$10

NEPEAN / NEPEAN SPORTSPLEX
1701 Woodroffe Ave.

Pospisil keeps Canada's U.S. Open hopes alive

Vasek Pospisil is starting to feel like he belongs among the world's top tennis players.

The native of Vernon, B.C., won the first Grand Slam match of his career yesterday by crushing Lukas Rosol 6-1, 6-2, 6-1 to reach the second round of the U.S. Open.

Pospisil needed just 82 minutes to dispatch the Czech after converting on seven of 13 break point chances.

"This is my second slam, so I'm still new to the scene," he said. "It takes a little bit of getting comfortable with these guys."

"In the past maybe it wasn't like that for me. But that is changing fast. I feel like I belong out there."

He'll face No. 25 seed Feliciano Lopez in the second round. The Spaniard was a quarter-finalist at Wimbledon in July.

"He will be tough, they're all tough at this level," said Pospisil, who is ranked 143rd in the world. "But I've been playing well for the last couple of months so I'm looking forward to it. I'm confident."

Pospisil is the lone Canadian singles player left in the tournament. Against Rosol yesterday, the 21-year-old Canadian piled on 13 aces and 13 winners.

THE CANADIAN PRESS



► Wade Belak was found dead yesterday. He was 35.

'We've lost a lot in the last three months'

► NHL left reeling after Wade Belak found dead, the third player to die since May ► League had already lost Derek Boogaard and Rick Rypien

The NHL is mourning the loss of yet another tough guy after Wade Belak was found dead yesterday in Toronto.

The 35-year-old became the third enforcer to die since May and second in just over two weeks.

New York Rangers forward Derek Boogaard died in mid-May while Rick Rypien of the Winnipeg Jets was found dead Aug. 15.

"As everyone knows there have been some real losses that we've experi-

enced over the years, but it never seemed like there was three in a row like this," said Pat Quinn, who coached Belak when he played in Toronto. "Anybody that's around this game, you feel like it's part of your big family, and that includes the fans and all the people that support these players and get to know them. We've lost a lot in the last three months."

"You don't replace it. You just hope the ones that are left behind can live

through it and be all right."

Specific details of Belak's death were not immediately available, but Toronto police confirmed they were called to a downtown hotel and condo complex in the early afternoon and are still investigating.

Craig Button, who was the general manager of the Calgary Flames when Belak played there early in his career, can't remember a more tragic time for the NHL.

"We're talking about

such a short period of time," he said. "It's not only about the deaths, it's the deaths that surround similar type players. ... It's not just getting hit in the head, it's everything that goes with that (enforcer) role."

Belak spent the past three seasons with the Predators prior to retiring over the summer. He was scheduled to work on Nashville's television broadcasts this coming year.

THE CANADIAN PRESS

4

sports

Quoted



"I enjoyed playing my first match here, and wish I could continue but right now I am unable to. I am thankful I finally have a diagnosis and am now focused on getting better and returning to the court soon."

VENUS WILLIAMS. WILLIAMS SAYS SHE HAS BEEN DIAGNOSED WITH AN AUTOIMMUNE DISEASE THAT CAUSES FATIGUE AND JOINT PAIN AND HAS FORCED HER TO WITHDRAW FROM THE U.S. OPEN.



REGISTRATION: ONLINE ONLY
www.ottawasportplus.com

For more information:
613-220-2266

Adult Co-Ed Volleyball & Dodgeball Leagues
RECREATIONAL TO COMPETITIVE LEVELS

LEAGUES START LATE SEPTEMBER 2011 AND RUN THROUGH TO APRIL 2012
CHOOSE FROM MONDAY TO THURSDAY NIGHT PLAY
JOIN AS A TEAM OR INDIVIDUAL



MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	82	52	.612	—
New York	81	52	.609	½
Tampa Bay	73	61	.545	9
Toronto	68	68	.500	15
Baltimore	54	80	.403	28

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	75	61	.551	—
Cleveland	67	65	.508	6
Chicago	68	66	.507	6
Minnesota	57	79	.419	18
Kansas City	56	81	.409	19½

WEST DIVISION

	W	L	Pct	GB
Texas	77	59	.566	—
Los Angeles	73	62	.541	3½
Oakland	60	75	.444	16½
Seattle	57	77	.425	19

Yesterday's results

Toronto 13 Baltimore 0

Detroit 5 Kansas City 4

Minnesota 7 Chicago White Sox 6

Oakland at Cleveland

N.Y. Yankees at Boston

Tampa Bay at Texas

L.A. Angels at Seattle

Tuesday's results

Baltimore 6 Toronto 5 (10 innings)

Chicago White Sox 8 Minnesota 6

Cleveland 6 Oakland 2

Detroit 2 Kansas City 1 (10 innings)

L.A. Angels 13 Seattle 6

N.Y. Yankees 5 Boston 2

Texas 2 Tampa Bay 0

Today's games

All Times Eastern

Oakland (G.Gonzalez 11-11) at Cleveland (Carmona 6-12), 12:05 p.m.

Toronto (L.Perez 3-2) at Baltimore (Tom.Hunter 3-2), 12:35 p.m.

Kansas City (Duffy 3-8) at Detroit (Ja.Turner 0-1), 1:05 p.m.

N.Y. Yankees (A.J.Burnett 9-11) at Boston (Lester 14-6), 7:10 p.m.

Tampa Bay (Niemann 9-5) at Texas (C.Wilson 13-6), 8:05 p.m.

L.A. Angels (E.Santana 10-9) at Seattle (Furbush 3-6), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	85	46	.649	—
Atlanta	80	55	.593	7
New York	65	69	.485	21½
Washington	63	71	.470	23½
Florida	60	75	.444	27

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	81	55	.596	—
St. Louis	71	64	.526	9½
Cincinnati	67	68	.496	13½
Pittsburgh	62	73	.459	18½
Chicago	59	78	.431	22½
Houston	46	90	.338	35

WEST DIVISION

	W	L	Pct	GB
Arizona	77	59	.566	—
San Francisco	72	65	.526	5½
Los Angeles	65	70	.481	11½
Colorado	64	72	.471	13
San Diego	60	77	.438	17½

Yesterday's results

Atlanta 3 Washington 1

L.A. Dodgers 4 San Diego 2

N.Y. Mets 3 Florida 2

San Francisco 4 Chicago Cubs 0

Philadelphia at Cincinnati

Pittsburgh at Houston

St. Louis at Milwaukee

Colorado at Arizona

Tuesday's results

Arizona 9 Colorado 4

Chicago Cubs 5 San Francisco 2

Florida 6 N.Y. Mets 0

Houston 8 Pittsburgh 2

L.A. Dodgers 8 San Diego 5

Philadelphia 9 Cincinnati 0

St. Louis 2 Milwaukee 1

Washington 9 Atlanta 2

Today's games

All Times Eastern

Philadelphia (Worley 9-1) at Cincinnati (Leake 11-8), 12:35 p.m.

L.A. Dodgers (Eveland 0-0) at Pittsburgh (Lincoln 1-0), 4:05 p.m.

St. Louis (Dickson 0-0) at Milwaukee (Gallardo 15-8), 4:10 p.m.

Florida (Hensley 2-5) at N.Y. Mets (Batista 3-2), 7:10 p.m.

Washington (Wang 2-2) at Atlanta (T.Hudson 13-8), 7:10 p.m.

BLUE JAYS 13, ORIOLES 0

Toronto	ab	r	h	bi	Baltimore	ab	r	h	bi
YEscor ss	6	2	4	0	Hardy ss	2	0	0	0
ETHms lf	5	3	4	1	Angle ph-lf	2	0	1	0
Bautist rf	4	1	1	3	Markks rf	2	0	0	0
Wise ph-rf	2	0	1	0	Fox ph-1b	2	0	0	0
Lind 1b	4	2	2	2	AdJons cf	4	0	0	0
Teahen ph-1b	2	0	0	0	Guerrr dh	3	0	1	0
Encmc dh	5	3	4	2	MrRynl 1b-3b	3	0	0	0
KJhnsn 2b	5	1	2	3	Andino 3b-ss	3	0	1	0
Lawrie 3b	4	0	1	1	Reimld lf-rf	3	0	0	0
JMolin c	5	1	1	1	RAdms 2b	3	0	1	0
McCoy cf	4	0	0	0	Tatum c	3	0	0	0
Totals	46	13	20	13	Totals	30	0	4	0

Toronto 13 Baltimore 0

E—Y.Escobar (13), Mar.Reynolds (24). DP—Toronto 2, Baltimore 1. LOB—Toronto 9, Baltimore 3. 2B—E.Thames 2 (20), Lind (13), Encarnacion 2 (33), Lawrie (5), Angle (2). HR—Bautista (39), Encarnacion (15), K.Johnson (1), J.Molina (3). SB—E.Thames (2).

Today's IP H R ER BB SO

H.Alvarez W,1-2 8 3 0 0 0 5

R.Lewis 1 1 0 0 0 1

Baltimore

Jo-Reyes L,7-11 2-2 3 8 7 7 1 2

Bergesen 2-1 3 4 4 4 1 1

| Patton 2 4 2 2 0 2 | Z.Phillips 1 2 0 0 1 1 | Jakubauskas 1 2 0 0 0 1 |
| T—2:26. A—14,211 (45,438) at Baltimore, Md. | | | | | | | | | |

NFL

PRE-SEASON WEEK FOUR

Tonight's games

All Times Eastern

Detroit at Buffalo, 6:30 p.m.

Indianapolis at Cincinnati, 7 p.m.

Baltimore at Atlanta, 7:30 p.m.

N.Y. Giants at New England, 7:30 p.m.

Dallas at Miami, 7:30 p.m.

Tampa Bay at Washington, 7:30 p.m.

St. Louis at Jacksonville, 7:30 p.m.

Philadelphia at N.Y. Jets, 7:30 p.m.

Cleveland at Chicago, 8 p.m.

Kansas City at Green Bay, 8 p.m.

Houston at Minnesota, 8 p.m.

Tennessee at New Orleans, 8 p.m.

Pittsburgh at Carolina, 8 p.m.

Denver at Arizona, 10 p.m.

San Francisco at San Diego, 10 p.m.

Tomorrow's game

Oakland at Seattle, 10:30 p.m.

End of Pre-Season

CIS

WEEK ONE

Tonight's game

All Times Eastern

McGill at Montreal, 7 p.m.

Tomorrow's games

Bishop's at Sherbrooke, 7 p.m.

Alberta at Saskatchewan, 10 p.m.

British Columbia at Regina, 10 p.m.

Saturday's games

Laval at Concordia, 1 p.m.

Calgary at Manitoba, 4 p.m.

Sunday's games

Toronto at Windsor, 1 p.m.

Laurier at York, 1 p.m.

Ottawa at Guelph, 1 p.m.

McMaster at Queen's, 2 p.m.

Waterloo at Western Ontario, 7 p.m.

TENNIS

U.S. OPEN

At New York

MEN

Singles — First Round

Andy Murray (4), Britain, def. Semdev Dev-varman, India, 7-6 (5), 6-2, 6-3.

Julien Benneteau, France, def. Nicolas Almagro (10), Spain, 6-2, 6-4, 6-3.

Gilles Simon (12), France, def. Ricardo Mello, Brazil, 3-6, 6-3, 6-4, 3-6, 6-4.

Juan Martin del Potro (18), Argentina, def. Filippo Volandri, Italy, 6-3, 6-1, 6-1.

Feliciano Lopez (25), Spain, def. Tatsuma Ito, Japan, 6-2, 6-4, 6-4.

Vasek Pospisil, Vernon, B.C., def. Lukas Rosol, Czech Republic, 6-1, 6-2, 6-1.

Rogério Dutra da Silva, Brazil, def. Louk Sorensen, Ireland, 6-2, 6-4, 6-4.

Diego Junqueira, Argentina, def. Karol Beck, Slovakia, 6-2 (retired).

Robin Haase, Netherlands, def. Rui Machado, Portugal, 6-0, 6-4, 6-4.

Guillermo Garcia-Lopez, Spain, def. Daniel Gimeno-Traver, Spain, 6-3, 1-6, 7-6 (1), 4-6, 7-6 (4).

Denis Istomin, Uzbekistan, def. Ryan Sweeting, U.S., 3-6, 7-5, 6-4, 7-6 (4).

Alex Bogomolov, Jr., U.S., def. Steve Johnson, U.S., 4-6, 4-6, 6-3, 7-6 (3), 6-3.

Robby Ginepri, U.S., def. Joao Souza, Brazil, 6-3, 6-4, 6-7 (5), 6-1.

Jack Sock, U.S., def. Marc Gicquel, France, 6-4, 6-3, 1-6, 6-4.

Doubles — First Round

Ivo Karlovic, Croatia, and Frank Moser, Germany, def. Bob and Mike Bryan (1), U.S., 6-4, 2-6, 6-2.

Max Mirnyi, Belarus, and Daniel Nestor (2), Toronto, def. Santiago Giraldo, Colombia, and Pere Riba, Spain, 6-3, 6-2.

Eric Butorac, U.S., and Jean-Julien Rojer (8), Netherlands Antilles, def. Grigor Dimitrov, Bulgaria, and Dmitry Tursunov, Russia, 6-7 (3), 6-2, 6-0.

Jurgen Melzer, Austria, and Philipp Petzschner (9), Germany, def. Santiago Gonzalez, Mexico, and Jamie Murray, Britain, 6-3, 6-0.

Daniele Bracciali and Potito Starace, Italy, def. Frantisek Cermak, Czech Republic, and Filip Polasek (11), Slovakia, 6-4, 6-4.

Marcel Granollers and Marc Lopez (13), Spain, def. Guillermo Garcia-Lopez and Albert Montanes, Spain, 3-0 (retired).

Michael Kohlmann and Alexander Waske, Germany, def. Scott Lipsky and Rajeev Ram (16), U.S., 5-7, 7-6 (6), 7-6 (5).

WOMEN

Singles — Second Round

Vera Zvonareva (2), Russia, def. Kateryna Bondarenko, Ukraine, 7-5, 3-6, 6-3.

Christina McHale, U.S., def. Marion Bartoli (8), France, 7-6 (2), 6-2.

Sam Stosur (9), Australia, def. CoCo Vandeweghe, U.S., 6-3, 6-4.

Peng Shuai (13), China, def. Tsvetana Pironkova, Bulgaria, 6-2, 6-4.

Irina Falconi, U.S., def. Dominika Cibulkova (14), Slovakia, 2-6, 6-3, 7-5.

Julia Georges (19), Germany, def. Laura Pous-Tio, Spain, 6-3, 6-1.

Alla Kudryavtseva, Russia, def. Yanina Wickmayer (20), Belgium, 6-1, 3-0 (retired).

Sabine Lisicki (22), Germany, def. Venus Williams, U.S. (walkover).

Nadia Petrova (24), Russia, def. Polona Hercog, Slovenia, 6-2, 6-4.

Maria Kirilenko (25), Russia, def. Vera Dushkevina, Russia, 6-1, 6-2.

FLAVIA PENNETTA (26), Italy, def. Romina Oprandi, Italy, 6-0, 6-3.

Lucie Safarova (27), Czech Republic, def. Madison Keys, U.S., 3-6, 7-5, 6-4.

Anabel Medina Garrigues (30), Spain, def. Laura Robson, Britain, 6-2, 6-3.

Monica Niculescu, Romania, def. Alexandra Dulgheru, Romania, 6-3, 6-0.

Doubles — First Round

Vania King, U.S., and Yaroslava Shvedova (3), Kazakhstan, def. Petra Cetkovska and Renata Voracova, Czech Republic, 6-1, 6-2.

Liesel Huber and Lisa Raymond (4), U.S., def. Raquel Kops-Jones and Abigail Spears, U.S., 6-2, 6-2.

Andrea Hlavackova and Lucie Hradecka (8), Czech Republic, def. Bojana Jovanovski, Serbia, and Varvara Lepchenko, U.S., 6-0, 7-5.

Iveta Benesova and Barbora Zahlavova Strycova (9), Czech Republic, def. Monica Niculescu, Romania, and Shahar Peer, Israel, 5-7, 6-4, 7-5.

Andreja Klepac, Slovenia, and Anna Tatishvili, Georgia, def. Chan Yung-jan Chan, Taiwan, and Anastasia Rodionova (10), Australia, 4-6, 6-4, 7-6 (7).

Maria Jose Martinez Sanchez and Anabel Medina Garrigues (12), Spain, def. Mathilde Johansson and Pauline Parmentier, France, 6-1, 6-3.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	26	11	8	7	31	30	40
Kansas City	26	9	8	9	38	34	36
Houston	27	8	11	34	33	35	
Philadelphia	24	8	6	10	30	24	34
New York	26	6	6	14	41	37	32
D.C. United	24	7	7	10	34	35	31
Chicago	26	4	7	15	30	33	27
Toronto	28	4	12	12	26	49	24
New England	26	4	11	11	26	39	23

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	26	14	3	9	37	20	51
Seattle	27	13	5	9	42	29	48
Dallas	27	13	7	7	36	29	46
Colorado	28	10	7	11	39	36	41
Real Salt Lake	24	11	7	6	33	20	39
Portland	26	9	10	5	33	41	32
Chivas USA	27	7	12	5	32	30	31
San Jose	26	5	10	11	27	35	26
Vancouver	26	4	13	9	27	42	21

Saturday's game

All Times Eastern

Philadelphia at Real Salt Lake, 9 p.m.

Monday's game

Los Angeles at Kansas City, 6 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
x-Carolina	23	16	4	3	47	21	51
x-Puerto Rico	24	13	5	6	38	29	45
Tampa Bay	23	9	7	7	36	31	34
Edmonton	24	8	10	6	29	34	30
Minnesota	23	7	8	8	23	25	29
Fort Lauderdale	23	6	7	10	30	32	28
Montreal	23	6	10	7	27	25	25
Atlanta	23	3	17	3	21	54	12

x — clinched playoff berth.

Tuesday's result

Edmonton 1 Puerto Rico 1

Saturday's games

All Times Eastern

Tampa Bay at Carolina, 7 p.m.

Puerto Rico at Atlanta, 7:30 p.m.

Montreal at Fort Lauderdale, 7:30 p.m.

Minnesota at Edmonton, 9:30 p.m.

BASKETBALL

FIBA AMERICAS 2012 OLYMPIC QUALIFYING

At Mar del Plata, Argentina

PRELIMINARY ROUND

Yesterday's results

Brazil 69 Canada 57

Argentina 86 Uruguay 51

Dominican Republic 92 Venezuela 89

Puerto Rico 101 Paraguay 55

Tuesday's results

Argentina 84 Paraguay 52

Brazil 92 Venezuela 83

Dominican Republic 90 Cuba 60

Puerto Rico 99 Panama 66

Today's games — All Times Eastern

Paraguay vs. Panama, 10:30 a.m.

Cuba vs. Venezuela, 1 p.m.

Dominican Republic vs. Canada, 5 p.m.

Uruguay vs. Puerto Rico, 7:30 p.m.

Friday's games

Canada vs. Cuba, 10:30 a.m.

Panama vs. Uruguay, 1 p.m.

Brazil vs. Dominican Republic, 5 p.m.

Puerto Rico vs. Argentina, 7:30 p.m.

NuDen

the

simply the best.

Every nite is a Fantasy

Come and experience your Fantasy!

Mon - Sat 12pm - 2am | Sunday 5pm - 2am

1560 Trile St. Ottawa, ON | 613-745-4445

The Biggest and The Best – Fabulous Food – Fantasy Nites!

Check our website for events: www.nuden.net

Crossword

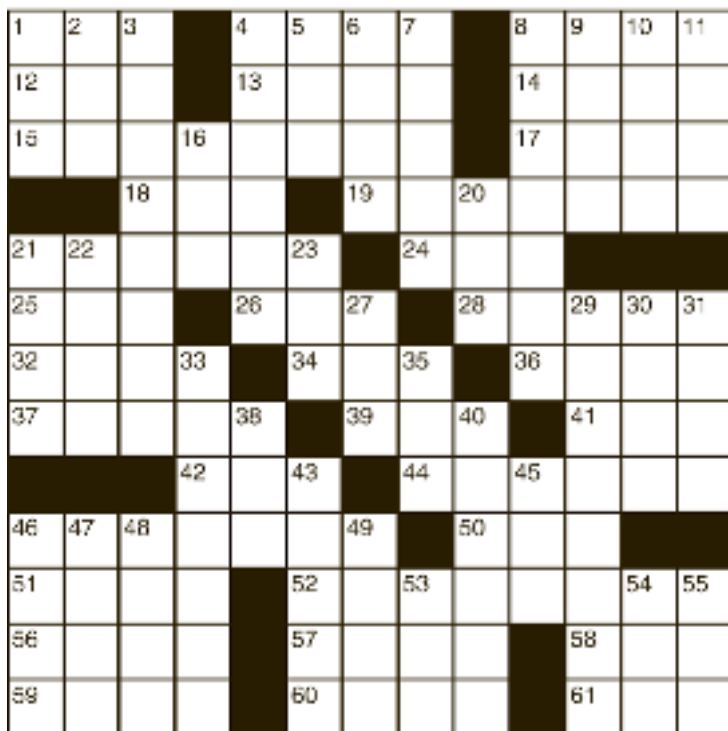
Across

1 Tear
4 Radar screen spot
8 Speaker of baseball lore
12 Commotion
13 Righthand person
14 Abhor
15 Short cannon
17 Hibernia
18 Stolen
19 NASA or NATO
21 Mercury or Saturn
24 Yon maiden
25 No longer stylish
26 Uncivilized
28 Bushel fourths
32 Old card game
34 Auction action
36 Stereo alternative
37 "Give me liberty ...!" speaker
39 Pistol
41 Triumphed
42 Pick a target
44 Fourscore
46 Old Glory features
50 PBS funding org.

51 Hula —
52 Wall Street partnership
56 Troubles
57 Neighborhood
58 Rotation duration
59 Sheltered
60 Reply to "Shall we?"
61 Baltimore newspaper

Down

1 "Go, team!"
2 Altar affirmative
3 Father of Pocahontas
4 Pancake makeup?
5 Claiborne of fashion
6 Concept
7 Roost
8 Mathematical proposition
9 Reason for a tarpaulin
10 Macy Gray hit
11 Appear
16 Charged bit
20 Agt.
21 Luxurious
22 Skywalker of sci-fi
23 Bill
27 Peruke



4 Pancake makeup?
5 Claiborne of fashion
6 Concept
7 Roost
8 Mathematical proposition
9 Reason for a tarpaulin
10 Macy Gray hit
11 Appear
16 Charged bit
20 Agt.
21 Luxurious
22 Skywalker of sci-fi
23 Bill
27 Peruke

29 Ranch staff
30 Entanglement
31 Mitsubishi competitor
33 Walk
35 Payable
38 Shriek bark
40 Black-clad mercenaries
43 Olympics award
45 Bygone compact car
46 Actor LaBeouf
47 Turnpike payment
48 Characterization
49 Aching

53 Drenched
54 Water (Fr.)
55 Thesaurus wd.

► Yesterday's answer



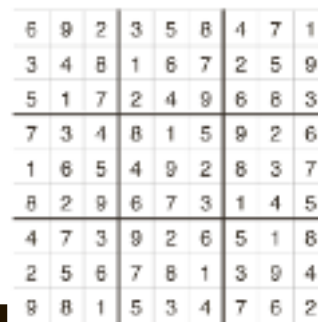
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

MI, I was there, you weren't ... I will move on with my life here now and I won't be back ever again...Good bye TS

Matthous Lil beeb: I never would've thought I'd find the perfect man. I always thought the good ones were taken until I met you! I love you more than anything in this world babe. Four amazing years together with more to come! Love you sweetie xox PUFF MUFF

Moon, Our love is deep n cosmic. Remember even though I am not with you physically, I can feel you 24/7 hon (seriously). So don't feel lonely, I am with all the time. I have been praying for you. Always loved you, always will. I have left my heart with you. Take care of it and look after yourself please. Sending my love FROM LOVE YOU ALWAYS N FOREVER



Today's horoscope

♈ Aries March 21-April 20 The planets are urging you to slow down and stop trying to be first past the post in everything you do.
♉ Taurus April 21-May 21 Be on your guard when dealing with people who have mysterious motives.
♊ Gemini May 22-June 21 If someone tells you there is something you cannot have, go out of your way to get your hands on it.
♋ Cancer June 22-July 22 You may not be under pressure at work right now but don't use that as an excuse to lower your standards.

♌ Leo July 23-Aug. 23 Don't be surprised if people you thought were on your side pick at what you do over the next 24 hours.
♍ Virgo Aug. 24-Sept. 22 You're not the kind to give up on something because it's not easy. Good. You're close to a breakthrough.
♎ Libra Sept. 23-Oct. 23 Something you thought you understood now baffles you. Focus on something else. The answer will come.
♏ Scorpio Oct. 24-Nov. 22 Don't let irritating people get to you. It will make them happy.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 Your emotions could easily sweep you away over the next day.
♑ Capricorn Dec. 22-Jan. 20 A family problem doesn't seem quite so important now but the underlying conflict hasn't gone away.
♒ Aquarius Jan. 21-Feb. 18 Have you taken on too much? Just find ways to save energy and time — but keep moving forward.
♓ Pisces Feb. 19-March 20 You'll find yourself in a situation where you have to make an effort not to panic. **● SALLY BROMPTON**

Caption contest



"Signin' in the rain — oh, singin' in the rain!"
DEBRA



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



True Appiness

Download the METRO APP for your iPad, Android, BlackBerry and iPhone.



Android is a trademark of Google Inc.





Dare to BE the difference - Join Us!

THE SKI PATROL IS LOOKING FOR NEW MEMBERS

DO YOU LIKE TO SKI OR SNOWBOARD? INTERESTED IN LEARNING FIRST AID?
YOU LIKE HELPING OTHERS? VOLUNTEER AND PAID OPPORTUNITIES AVAILABLE

Let me tell you about the best thing I ever did. I joined the Ski Patrol. As an army brat, I struggled for 5 years looking for folks to ski with. I was new to Ottawa with few skiing friends & had no idea on how to drum up some ski buddies. It wasn't until 2003 that I ran into an old friend, Chris, who had just started his Ski Patrol Training. Today, many of my close friends are patrollers & I ski close to 50 times a season. I have the chance to go on some amazing trips, skiing or otherwise - like the week I spent in Jamaica at one of those close friends' wedding.

So, what is the patrol exactly? Well, it depends on the kind of person you are. For me, it has always been about meeting new people & new experiences. For others, it's the chance to volunteer & earn credits for school or university. For others still, it's about having a great time & skiing for cheap. For the adrenaline junkies, it's about the advanced medical responder training & practice they get.

What is the Canadian Ski Patrol System (CSPS)? It is the premier safety & first aid organization serving outdoor sports & recreation in Canada. We are celebrating our 70th Anniversary this year. We promote safety & injury prevention on & off the hill. We are 5,000 volunteer members throughout Canada & actively patrol 225 ski areas from coast to coast. The CSPS trains patrollers in the highest possible standards of education, certification & delivery of first aid & rescue services. We patrol on alpine, telemark, & nordic skis, and snowboards.

INFORMATION/REGISTRATION EVENINGS

When: September 6 and 8, 2011
7pm sharp

Where: Firkin & Knight
at 1460 Merivale Road (Loblaws Plaza)
Baseline & Merivale

The sign up process includes receipt of your first aid manual, a first aid kit, basic supplies, being sized for your uniforms, having your picture taken for your ID card and payment, which is due before the start of your training.

Online pre-registrations available and various methods of payment accepted!

So, to clarify - We train you. Our federally accredited, Advanced First Responder Training is one of the most advanced first aid training you can receive without becoming a paramedic.

While there is an annual fee to join, it's about 20% of the cost of this training. The cost benefits are numerous, including privileges at most of the CSPS hills country wide, pro-deal or discount gear through some of our great sponsors (local & national), a free uniform, and a chance to learn and practice First Aid all year long.

We also specialize in Special Events during the summer months. We may have been noticed at some of Ottawa's events this year, such as Bluesfest. And we're not done yet. We have another dozen or so events, including the Army Run, before the summer is over.

I'm proud to be a part of the Gatineau Zone, Canada's 2nd largest, with approximately 400 patrollers who serve our 10 local ski areas. Fortunately for the NCR we are some of the best patrollers in the country.

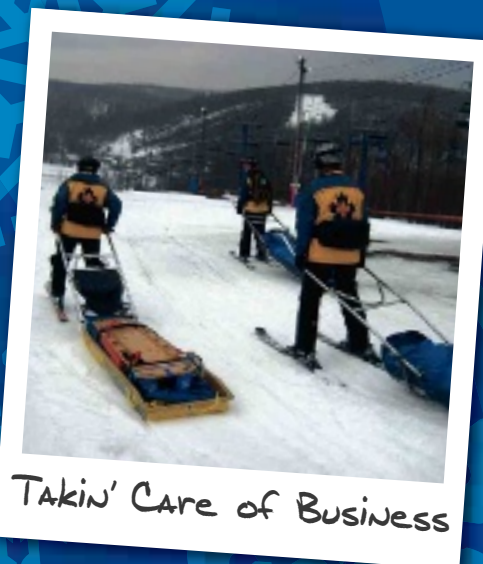
In June 2010, we brought home the Gold and in June 2011, the Silver, at the National First Aid Competition. In this competition, teams of three compete in a series of tasks that test their first aid knowledge & teamwork skills.

Every day, patrollers in the Ottawa-Gatineau area make a difference in the community. We are all volunteers & come from all walks of life. If you ski or snowboard, enjoy the outdoors, meeting new people, learning new skills, this is the organization for you!

Check out our website or come out and meet us at our info night on Sept. 6 & 8, 2011. Will you Dare to BE the Difference? I did, and haven't looked back

And Chris... Thank you, I still love it!

Danielle Morneau
VP Marketing & Communications
(avid Alpine & Telemark Skier)



Takin' Care of Business



Bluesfest 2010



Chillin' on the Hill

gatineauskipatrol.ca

